

## Mathematical Concepts

You can help your child develop some early maths understanding by:

- Using comparative language such as 'bigger, lighter, shorter, less, same as'
- Talking about numbers numbers with them
- Count from zero to ten and counts up to ten objects with them
- Encourage them to order and sort objects in different ways – eg colour, size
- Name shapes

## Start a good bedtime routine

Children need sleep to develop, to concentrate in school, and to learn well. Under 5's need up to 15 hours sleep, primary children need about 11 hours. Too many late bedtimes can make it hard for children to learn. Children like routine, so try to establish regular times for going to bed. It is a good idea not to let your child play on devices /computer games, or watch screens, at least 2 hours before bedtime to avoid over stimulation. Follow a simple plan of bath, bedtime story then lights out. We can help you with this, if required, more information can be found on our website.



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# Ready to Learn Every Day!



## King's Hedges Educational Federation

Excellence, achieved through care, creativity and challenge



## Getting ready for school:

A short guide for parents

[www.kingshedgesprimary.org.uk](http://www.kingshedgesprimary.org.uk)

## Language Skills

Help them to develop their ability to talk and listen.

Talk to them and help them to:

- Talk in sentences
- Follow one and two step spoken directions
- Ask questions and expresses curiosity
- Tell or re-tell stories and every day experiences, can talk about their day
- Express ideas so that others can understand



## Social Skills for Playing or Working Alongside other Adults and Children

Prepare your child by ensuring that they can:

- Uses words like please, thank you, excuse me
- Uses words to solve problems or conflicts
- Uses words to express feelings
- Demonstrates increasing self control, and tries to regulate emotions properly
- Asks for help
- Interacts appropriately with adults and peers
- Works co-operatively (listens to others, shares, take turns)
- Attempts new tasks knowing it is okay to make mistakes
- Follows a simple instruction or direction, including safety rules – eg 'stop.'
- Stays with an activity until it is completed, sits on the carpet to listen
- Joins in to help tidy up
- Able to dress and undress self, put on coat and shoes Independently
- Takes responsibility for own belongings
- Goes to the toilet Independently, washes hands



## Motor Skills

Prepare your child by ensuring that they are working towards these skills:

- Cut with scissors
- Hold and use crayons, pens, pencils correctly
- Attempts to put puzzles together
- Enjoy outdoor activities including jumping, climbing, playing with a ball



## Writing Skills

Support your child with early writing by:

- Encouraging them to write and draw
- Prompting them to write their own name
- Showing them how you write words, notes, cards etc.

## Reading Skills

Enjoy sharing books together & develop some early reading skills ...

Recognise own name in print

Looks at books everyday with an adult and chooses to do so on their own

Pretends to 'read' stories through the pictures

Tries to read in every day situations – eg brand names, family names

Recognises words that rhyme in stories and songs

Blends sounds into words eg c-a-t = cat

Describes characters' actions and feelings in a story

Relates stories to personal experiences

Puts events of a story into order

