



# Landywood Primary School

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Dear Parents/Guardian,

Nowadays there is a vast amount of, sometimes confusing, information about relationships and sex on the internet, on TV, in magazines, etc which young people may have access to, and this can sometimes make an already confusing time seem even more complicated! Therefore, as part of the school's Personal, Social and Health Education programme your child all pupils will be starting lessons around Sex and Relationship Education within their PSHE and Science curriculum. These lessons are very much geared to each year group level so please don't worry. It is the aim of the Government and the Local Authority to ensure that children are well versed with this area of their education. It is felt, through evidence, that those children who have a greater understanding can make better choices for their future.

The purpose of Sex and Relationship Education (SRE) is to develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage. If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. This can start with learning the basics about growing up and the sessions in school may reinforce what you are already doing at home.

If you would like to view/discuss anything regarding these lessons we would encourage you to attend a workshop on Wednesday 22<sup>nd</sup> June at either 9:15am or 5:45pm where the resources will be shared and explained. However, if you still feel that you do not want your child to be involved you have the right to withdraw your child from the sessions within the PSHE curriculum. Please can you put in writing to Mr Clewer via the school office your request to withdraw your child.

Please find below a brief outline of the lesson content for each year group:

## Year 1

- *How are we all different & diversity*
- *Appropriate clothing for different places & people*
- *What is a need?*
- *How my needs have changed*
- *Needs change as we grow older*

## Year 2

- *Importance of personal hygiene & external body parts*
- *What is a family & the needs of a family*
- *What do we need to keep safe from*
- *Names for parts of the body & genetic make up*
- *Friendships*

### Year 3

- *What friendship means*
- *What is a family & what are the needs of a family?*
- *How are genders stereotyped & how does this affect me?*
- *Why consent is important in relationships*
- *Names for the parts of the body*
- *Personal hygiene*

### Year 4

- *What makes a good friend & how to be a good friend*
- *How do friendships change and how do I cope with this?*
- *Differences between hurt bodies & hurt feelings*
- *How do families change & how do changes make us feel?*
- *What is safe and unsafe touching?*

### Year 5

- *How do my relationships with people differ?*
- *What does caring look like within a family?*
- *How & why have my needs changed since birth & what are the physical changes during puberty?*
- *What hygiene resources are needed during puberty?*
- *Myths & concerns about puberty*

### Year 6

- *How do I keep myself safe?*
- *Appropriate vocabulary for sexual parts of the body & their functions*
- *Gender stereotypes & how do they affect me*
- *What is sexuality?*
- *What is meant by the term 'family' and diversity in family set-ups*
- *What is attraction*

For further information, a leaflet will be shared at the workshop on 22<sup>nd</sup> June.

Mr A Clewer