

**TEDDER C P SCHOOL**

**Week 3**

5<sup>th</sup> – 9<sup>th</sup> March

**Winter term**

Name ..... Class/Year .....

<b>Monday</b>		<b>Tick</b>
Main	Jumbo fish finger, hash browns & peas	
Main (V)	Cheese omelette hash browns & peas	
Bread	Ham roll, fruit, yoghurt, cake or cookie	
Dessert	Apple crumble & custard	
Dessert	Fruit	
Dessert	yoghurt	

<b>Tuesday</b>		<b>Tick</b>
Main	Roast pork, roast potatoes, Yorkshire pudding, carrots & gravy	
Main (V)	Quorn style nuggets, roast potatoes, Yorkshire pudding, carrots & gravy	
Bread	Egg sandwich, baguette, fruit, yoghurt, cake or cookie	
Dessert	cookie	
Dessert	Fruit	
Dessert	yoghurt	

<b>Wednesday</b>		<b>Tick</b>
Main	Lasagne, garlic bread & mini corn on the cob	
Main (V)	Vegetable lasagne, garlic bread & mini corn on the cob	
Bread	Tuna Baguette, fruit, yoghurt, cake or cookie	
Dessert	Fudgy pudding & custard	
Dessert	Fruit	
Dessert	yoghurt	

<b>Thursday</b>		<b>Tick</b>
Main	Chicken pie, mashed potatoes, mixed vegetables & gravy	
Main (V)	Pepper & pesto tart, mashed potato, mixed vegetables & gravy	
Bread	Bbq chicken wrap, fruit, yoghurt, cake or cookie	
dessert	Iced carrot cake	
Dessert	Fruit	
Dessert	yoghurt	

<b>Friday</b>		<b>Tick</b>
Main	Lincolnshire fishcake, potato waffle & baked bean	
Main (V)	Vegetable burger, potato waffles & baked beans	
Bread	Cheese roll, fruit, yoghurt, cake or cookie	
Dessert	Muffin	
Dessert	Fruit	
Dessert	yoghurt	

Special Requirements Including any Food Allergies	<p><b>Total Meals :</b></p> <p><b>Cost per Meal :£2.30</b></p> <p><b>Total Amount :£</b></p>
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Please return this form and payment by **20<sup>th</sup> February**

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**Please complete and detach this section and keep for your records (Parent's Copy)**

<b>Monday</b>			<b>Tuesday</b>			<b>Wednesday</b>			<b>Thursday</b>			<b>Friday</b>		
M <sub>ain</sub>	V <sub>eg</sub>	D/ F/ Y	M <sub>ain</sub>	V <sub>eg</sub>	D/ F/ Y	M <sub>ain</sub>	V <sub>eg</sub>	D/ F/ Y	M <sub>ain</sub>	V <sub>eg</sub>	D/ F/ Y	M <sub>ain</sub>	V <sub>eg</sub>	D/ F/ Y