

Create, connect and share respect: a better internet starts with you.

Everyone has their part to play in making the internet a better place, **including you!**

Have a look at the tips and resources below to help you make a positive change online, stay safe and help your child.

Online safety guide for parents

Handy tips for parents

- ✓ Online safety applies to all types of devices – PCs, laptops, tablets, smartphones, e-readers and online gaming.



- ✓ As technology become more portable, set guidelines for where your child could/should use their device.
- ✓ Treat online safety in the same way that you would treat offline safety, such as stranger danger, crossing the road, etc.
- ✓ Make sure you set up your internet security so children cannot access websites with adult and/or inappropriate content.
- ✓ Don't write anything online that you wouldn't say in person (and with an adult present in the room!). Comments on social media and/or public web pages/forums could reflect badly on your child.
- ✓ Try to establish a system which allows your child to talk to you about anything they feel uncomfortable about online



Things to Discuss With Children

- ✓ Where/when is it acceptable to use your portable device?
- ✓ Who should you talk to if you feel uncomfortable about something you have seen online? A parent? Teacher? Another adult?
- ✓ Keep passwords safe – don't write them down and change them regularly
- ✓ What personal information is appropriate to post online?
- ✓ How do you report cyber bullying? Take a screenshot of any posts so these can be seen at a later date if needed.
- ✓ What is the difference between a 'real life' friend and an 'online' friend?

Other Sources of Information

- <https://www.thinkuknow.co.uk/>
- <http://www.getnetwise.org/>
- <http://www.childnet.com/>
- <http://www.bbc.co.uk/webwise/O/>
- <https://www.iwf.org.uk/>
- <https://www.internetmatters.org/advice/>
- <https://www.ceop.police.uk/safety-centre/>



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