WIRKSWORTH
Federation of Infant Schools

STAYING SAFE IN CYBERSPACE

The aim of this leaflet is to help provide you with information and advice so you can help your children develop the life skills and knowledge they need to use the online world safely and with confidence.

Teaching safe use of the internet and ICT

We think it is crucial to teach children how to use the internet safely both at school and at home, and we use the Kidsmart safety code to support our teaching in this area. Kidsmart has been developed by the Childnet charity, and is endorsed by the Department For Education .

KidSMART

For more information on Kidsmart please visit:
www.kidsmart.org.uk or **www.childnet.com**

Internet user guidelines

Internet user guidelines are displayed in each classroom and they are shared on a regular basis with the children.

A copy of the guidelines are shown on the back of this leaflet.

E-Safety Policy

Childnet International

For more information on E-Safety practices across the Federation please have a look on the school website at our E-Safety Policy
www.wirksworth-infant-federation.co.uk

Turn to the back page to find out who this is ➡

Screen time

(information from www.parenting.digital)

The original 'rules' concerning screen time from the Americam Academy of Pediatrics were heavy handed and included no screen time at all for under-2's, but this has now been revised.

Today many experts agree that it isn't the amount of time with media that's important but the quality of time spent.

Research shows that when parents restrict internet use, their children are exposed to fewer risks, it also indicates that they miss out on opportunities.

Talk with your children about what they are doing, learning or struggling with rather than simply telling them to 'turn it off'. Encourage their interests and try to understand them yourself by asking questions or joining in with what they're doing.

How much is too much?

Rather than timing how long your child spends on screen, consider their screen use in the wider context of their life.

Ask yourself is your child:

- Eating and sleeping enough
- Physically healthy.
- Connecting socially with friends and family (whether technology or not).
- Engaged in and doing well at school.
- Enjoying and pursuing hobbies and interests (whether technology or not).
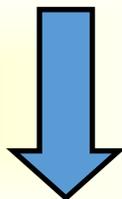
Sharenting

Parents sharing pictures of their children on social media is so common that it actually has its own unofficial name 'sharenting'.

When you decide to share a picture with your loved ones that doesn't mean you want to include their loved ones and friends. Check your privacy settings are set to 'friends only' if you don't want the world to see them. Remember though any images can be screen shot and passed on without your knowledge.

DID YOU KNOW

1500 photos of the average child will be posted online by their 5th birthday.

DID YOU KNOW

71% of parents upload 5 or more images of their child each week on social media.

DID YOU KNOW

In France under strict privacy laws it's illegal to publish private details and photos of someone without their consent, a law that extends even to your own children.

Remember if your child sees anything inappropriate whilst online they should tell an adult they trust who should report it to the app or website.

If what your child sees is of an inappropriate sexual nature or is an approach by another person, they should tell an adult they trust who should report it immediately to CEOP at **www.ceop.police.uk/ceop-report**

Parental controls

Building digitally resilient children is a process that continues as your child grows. And, even though children are accessing the internet at an increasingly young age, there are tools to help take care of them until they are confident enough to take care of themselves. For more information on parental controls please visit the following websites:

Parental controls on your computer's operating system

vodafone.uk/microsoftwindows10   vodafone.uk/applemacos

Safety controls on search engines

vodafone.uk/google

Parental controls on your home internet

vodafone.uk/home   vodafone.uk/sky   vodafone.uk/TalkTalk

vodafone.uk/bt   vodafone.uk/VirginMedia

Parental controls in your web browser

vodafone.uk/chrome   vodafone.uk/IE   vodafone.uk/firefox

Parental controls on your child's smartphone and tablet

vodafone.uk/cnet   vodafone.uk/applesparentalcontrols   vodafone.uk/microsoftmyfamily

Third-party parental controls

vodafone.uk/qustodio   vodafone.uk/kaspersky   vodafone.uk/norton

vodafone.uk/mcafee

Social networks, apps and live streaming services

Did you know many social networks, apps and live streaming services such as those shown below have <u>a minimum age of 13</u>.

Next to each icon is a website that you can visit to find out more information. The red word within each website is the name of the social network, app or live streaming service.

|	
vodafone.uk/Facebook	vodafone.uk/Skype
vodafone.uk/Instagram	vodafone.uk/musically
vodafone.uk/WhatsApp	vodafone.uk/pscphelp
vodafone.uk/whispergetstarted	vodafone.uk/musically
vodafone.uk/Kik	vodafone.uk/YouNow
vodafone.uk/snapchat	vodafone.uk/AskFM
vodafone.uk/twitter	vodafone.uk/yellowsafety
vodafone.uk/Facebook	vodafone.uk/oovofaqs

Being SMART Rules!

Be Smart be Cool!

It's good to be smart online. If anything goes wrong online or upsets you make sure you tell someone about it

S
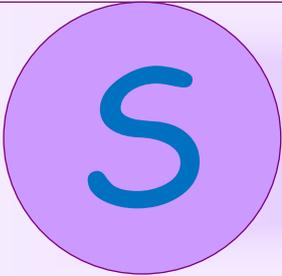
SAFE

Keep safe by never giving out personal information online such as your name, where you live or the name of your school.

M

MEETING

Never arrange to meet people you have been in touch with or met online. Remember online friends are still strangers even if you have been talking to them for a long time.

A

ACCEPTING

Only accept emails or open attachments once you have checked it is okay to do so by your teacher or a trusted adult. Always ask a teacher or grown-up to check your emails and attachments before you send them.

R
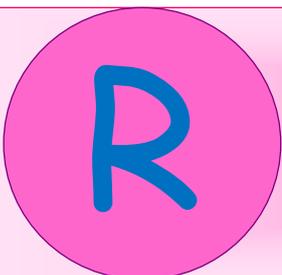
RELIABLE

Your teacher or a trusted adult will make sure you can only go on reliable websites that are safe for you to look at.

T

TELL

Tell a teacher or a trusted adult straight away if something on the internet makes you feel worried or sad.

Smartie the Penguin helps us to stay safe. He has songs and stories which help us to understand how to use the internet safely