

Christ Church CE Academy



Sex and Relationship Education Policy

This Church of England Aided Academy aims to serve its community by providing an excellent education for pupils of all abilities and backgrounds in the context of Christian belief and practice.

It encourages an understanding of the meaning and significance of faith and requires the valuing of other faiths.

It promotes Christian values and spiritual development through the experience it offers to all its pupils.

These values are implicit in this policy.

Status

January 2018	Draft for staff
	Accepted by staff
January 2018	Draft for Governors
29/1/18	Accepted by governors
January 2020	Date for Review

Sex and Relationship Education Policy

Introduction

Because of the nature of sex and relationship education, there are several policies and initiatives that impact upon this policy and the curriculum content.

These include:

- PSHCE
- Drug Education
- Child Protection
- Anti-Bullying
- Equality
- Confidentiality

What is sex and relationship education?

It is lifelong learning about physical, moral and emotional development. It is about understanding the importance for family life of stable loving relationships, marriage, mutual respect and love and care for others.

Aims and objectives

We teach children about:

- The physical development of their bodies as they grow into adults
- The way humans reproduce
- Respect for their own bodies and the importance of sexual activity as part of a committed, long-term and loving relationship
- The importance of family life
- Moral questions
- Relationship issues, in particular respect for each other within relationships; how to recognise, understand and build **healthy relationships**, including self-respect and respect for others, commitment, tolerance; how to manage conflict; how to recognise unhealthy relationships; understanding what makes healthy relationships and **safety online**.
- Respect for the views of other people
- Sex abuse and what they should do if they are worried about any sexual matters.

We also aim to:

- Support pupils through their physical, emotional and moral development
- Help pupils move more confidently and responsibly into adolescence

Moral and values framework

The SRE programme will reflect the school philosophy and ethos to encourage the following values:

- Respect for self

- Respect for others
- Responsibility for own actions
- Responsibility for family, friends, school and the community

The delivery of Sex and Relationship Education in school

The SRE programme is tailored to the age, physical and emotional maturity, gender, cultural and social needs of the children.

The three elements of sex and relationship education to be taught are:

Knowledge:

- The acquisition and understanding of information which will give pupils a proper vocabulary and a foundation of knowledge of understand things that happen to them and others and to make future choices.

This knowledge includes:

- External parts of the body
- Body organs
- Body defence systems
- Basic understanding of reproduction
- Stages of human development, growing, changes and ageing
- Personal hygiene
- Keeping safe
- People who can help me
- Families – different types and culture
- Friendships

Skills:

- To enable pupils to develop confidently as individuals and create positive relationships.

These skills include:

- Dealing with emotions and feelings
- Develop positive relationships
- Coping with conflict
- Making decisions and choices
- Personal safety
- Communication
- Coping with loss
- Problem solving
- Assertiveness
- Feeling good about oneself

Attitudes and Values including:

- Respecting oneself and valuing others
- Valuing differences and similarities
- Attitudes towards gender, race, culture and disability
- Awareness of stereotyping and prejudice
- Appropriate and inappropriate behaviour

This will be achieved through the learning experiences in the formal and informal curriculum and through many aspects of the PSHCE curriculum.

Early Years- Me, my friends and people we can trust.

- **Year 1-** How I would like to be treated and how I treat others
- **Year 2-** Growing up
- **Year 3-** Friends and Friendships
- **Year 4-** Changing Bodies, emotions and physical needs

In Year 5, we will discuss body changes in more detail, looking specifically at personal hygiene, puberty and menstruation. In Year 6, the children will focus on reproduction and childbirth.

Teaching methods will take account of the differing needs of pupils including those who are sensitive, shy or embarrassed and include a variety of styles and approaches, such as individual, group and whole class work. Sessions will also be provided which allow boys and girls to be taught separately where this is felt to be appropriate.

Much of the work we do surrounding sex and relationship education will provide clear links with science and allow the children to gain a greater understanding of scientific concepts. There are also opportunities for links with Literacy, ICT and Physical Education.

Parental Withdrawal

Parents have a right to withdraw their child from those elements of the SRE programme that do not form part of the National Curriculum Science.

Below are the elements of SRE which are part of the National Curriculum Science:

- 1a) Life processes, common to humans and other animals include nutrition, movement, growth and reproduction.
- 2f) The main stages of the human life cycle.

Parents must write a letter of withdrawal addressed to the Governing Body and make an appointment to see the head teacher.

At Christ Church CE Academy, we are committed to working closely with parents. Parents are informed about when the school will deliver SRE through curriculum letters and in Year 5 and 6. Parents will also be given the opportunity to attend meetings to discuss the work that the children will be doing in class.

Assessment

Teachers will be assessing on an ongoing basis and will report to parents on the End of Year Reports.

Review: This policy will be reviewed on a two yearly basis.