

Cherry Dale Primary School

Cudworth Barnsley



PHSE Policy

Miss Wilmott February 2018

Cherry Dale Primary School

PHSE Policy

Introduction to the PSHCE policy

With the introduction of the new national curriculum in 2014, we have reorganised our broad and balanced curriculum to incorporate the new cross-curricular scheme of work. This enables us to deliver a vibrant and challenging programme of learning.

In line with the new curriculum PHSE is taught as a discrete subject. It is embedded in all areas of learning.

Aims of PHSE

The aim of PHSE is largely to help schools achieve the twin aims of helping pupils to learn and achieve to the best of their ability, and to prepare them for the opportunities, responsibilities and experiences of life.

What is PHSE?

PHSE is those aspects of the curriculum that:

- 'raise pupils' confidence and self-esteem by reminding pupils and teachers of the importance of respecting everyone as an individual and appreciating effort;
- offers an especially supportive climate for learning;
- provides a foundation for acquiring the skills needed to learn and grow up at ease with oneself;
- increases pupil motivation and deepens their understanding through providing relevant opportunities for 'real life' learning;
- improves pupil's ability to reflect on and become responsible for their own learning;
- reduces the chances that pupil's education will be interrupted or impaired, for example, by unintended pregnancy, excessive drug use or the fear of bullying.

There are four strands within PHSE, which we have used to organise the learning outcomes of PHSE.

These are:

1. developing confidence and responsibility.
2. preparing to play an active role as citizens
3. developing a healthy, safer lifestyle
4. developing good relationships and respecting the difference between people.

How PHSE supports the school aims

PHSE strongly supports the school aims and take place in the form of:

1. In the classroom
 - Throughout school PHSE is taught as a discrete subject through formal lessons.
 - In KS1 and KS2 SEAL is delivered as part of the PHSE Curriculum.
 - Some aspects of PHSE are also reinforced through other subjects, such as RE. This covers the objectives not covered through SEAL.
2. Assemblies
 - These are used to introduce and enhance whole school topics and themes.
3. School visits and Residentials
 - Provide a plethora of relevant learning experiences, giving pupils opportunities to experience the physical cultural, spiritual and academic nature of society.
4. Visitors
 - A wide range of visitors are invited into the school to talk to the pupils about their lives, experiences and culture.

5. Curriculum Enrichment

- Activities make a considerable contribution to the pupils personal and social development, an example includes raising money for the school through mini enterprise projects, productions and theme days.

Learning Outcomes

It is our intention that PHSE will have a number of learning objectives, which have been informed by professional discussion by staff and by consultation with pupils and parents. The learning outcomes are what we expect the pupils to have learned through PHSE by the end of the specified years.

Curriculum content

The SEAL curriculum in KS2 does not cover all of the PHSE objectives. Therefore where appropriate discrete links to other areas of the curriculum are made, more explicit links are taught in the form of enterprise projects or sex education.

Within the Foundation Stage PHSE is incorporated into the PSED area of learning.

Assessment

Assessment with PHSE will be against the learning outcomes. Methods of assessment shall be generally unwritten and will be more often based on observational or peer, self or group assessment. However as part of the Healthy Schools standard an assessment a portfolio of evidence is regularly updated.

Links to external agencies

PHSE at Cherry Dale Primary School is greatly assisted by partnership working with the Barnsley Healthy School Scheme which incorporates the LEA advisory Service, Health Promotion Unit, the School Health advisors, the NSPCC and various agencies recommended by them. Whilst however mindful of child-protection issues, the school is committed to having visitors in to school, and visits out. All such planned learning experiences are designed to address specified learning objectives.

We work with visiting specialists to deliver a programme of physical activities both in and outside of the school day including Team Activ.

Cherry Dale Primary School works closely with Engie to ensure each child is offered a balanced healthy midday meal.

Cherry Dale Primary School employs a dedicated Parent Support Worker who delivers Therapeutic Play and parenting programmes to assist pupils and their families with emotional needs.

Progression across key stages and transitions

Some of the PHSE learning objectives will be repeated across key stages. There is no intention to repeat learning experiences, but rather to value previous learning by reflecting upon it in class and constructing a progressive curriculum in which understanding is deepened and broadened by age-appropriate learning experiences.

Teaching and Learning Styles

The nature of PHSE demands a more active, kinaesthetic learning style than may be the case in other subjects. Although a variety of styles will be used, it is intended that writing will be minimised and that the personal and social skills that are to be learned will be both specified and enhanced through the experiences of PHSE.

Organisation of the PHSE Curriculum

At Cherry Dale Primary School PHSE is taught through dedicated class teachers within timetabled lessons. Additionally, large amounts of PHSE is taught through the subjects of the National Curriculum. This can most easily be seen for Citizenship with History and Geography, but also environmental awareness and Geography and some health education in Science. However all subjects are capable of teaching PHSE-not just through the subject area itself, but also through the manner of teaching and learning styles and the relationships and behaviour encouraged and exemplified by the teacher.

Continuous professional development and training

Cherry Dale Primary School recognises the need to professionally develop the skills, knowledge and confidence of staff and is committed to support appropriate training within PHSE requested by the PHSE manager.

Informal Curriculum

PHSE is not just taught in the classroom. The manager ensures that good use is made of display, assemblies, parents evening, the behaviour and discipline policy and many other aspects of school reflect and specify PHSE learning outcomes.

Cultural issues

Cherry Dale Primary School is committed to addressing all issues of equality, including those relating to culture and social inclusion. To this end we will try to ensure that all pupils' needs have been considered when planning the learning objectives, scheme of work and curriculum materials. We shall also be taking regular feedback from pupils about cultural appropriateness of teaching and learning styles adopted.

National Healthy Schools Standard (see audit report)

PHSE at Cherry Dale Primary School is strongly supported and underpinned by the school's adoption of the National Healthy School Standard, which we renew every two years. This is intended to support and give practical expression to the PHSE curriculum, and to help raise attainment.

The school has an established school council who examine improvements in the school environment and organise events to support the school and the wider community.

Buddies

The buddies are on duty to help children at playtimes. They are trained to look out for children who may be upset or feeling left out. They encourage children to play together. Any child who has no one to play with can go to the Buddy Bus Stop to find a buddy. The buddies listen to children who have got a problem and are trained to keep confidentiality or to refer more serious issues onto the relevant adult. Buddies have half termly meetings with a member of staff where they can give an update of how they are getting on and raise any issues.

Playground Leaders

At lunchtime, Playground Leaders work with children. They encourage fair play and teamwork. The Playground Leaders are chosen from year 5 and Year 6 and are trained by Team Activ. The children apply for the role and develop their own game ideas. Mrs Heywood and Miss Conway support the playground leaders.

Stars of the Week

The class teacher awards a certificate to one pupil each week that has worked particularly hard or achieved something special. The child may also be awarded a certificate for doing something kind to help other children. Children are allowed to suggest who they think should be awarded Star of the Week. Names are displayed in the school hall.

The school has achieved Healthy School Silver award through team effort. Our aim is to work together to improve the school environment, school meals and tuck shop, school ethos, safety, and links to the wider school community.

Junior Road Safety Officers (JRSOs)

Mrs Mallia supports our JRSO's in school. Their role is to promote road safety both inside and outside of school e.g. if they are on a school trip, seeing friends out and about, when playing out etc. The JRSOs have tasks to complete on a monthly basis following on from the newsletter they receive. The JRSOs lead whole school assembly's on a regular basis to promote road safety to other pupils. They work with South Yorkshire Stars in order to further develop their knowledge and understanding of key local issues such as parking around schools.

Wildlife Wardens

Our Wildlife Wardens are coordinated by Mr Hall. The Wildlife Wardens have links with the local nature reserve. They are working on building a nature corridor with the Local Authority to encourage nature in the local area (with a particular focus on Hedgehogs). As part of the longer term plan the Wildlife Wardens will contribute to the development of the schools outdoor learning environment.

Homework award

Each week every class teacher awards recognition to one pupil for their efforts and achievements with their homework. All of the pupils share their homework in a celebration assembly and the Head Teacher chooses one of these pupils to receive a certificate for the 'Homework of the week'. All of the pupils' homework is displayed in the school hall so that other pupils are able to see good examples of work.

Bikeability

Each year, Bikeability training is offered to encourage Year 5 children to come to school on their bike. It provides them with road awareness and safety skills. Mrs Mallia coordinates this in school.

South Yorkshire Stars

At Cherry Dale Primary School we are proud to have the Bronze 'South Yorkshire Stars' award. We have achieved this because we provide extra-curricular opportunities to our pupils, and promote coming to school in a healthy and safe way.

After School and Lunchtime Sports Clubs

In order to support physical education and exercise, staff do lunchtime PE activities with the children. We also support those children who require support in building friendships through a lunchtime Nurture club which runs every day. Children are also given the opportunity to attend after school sports clubs.

Monitoring and Reviewing

The PHSE coordinator will review this policy in line with other policies.

Written by

This policy has been updated by Lora Wilmott. The PHSE policy will be reviewed and developed, in line with the schools policy, through the Barnsley Healthy School Scheme and shall involve the whole school community.

Policy updated by Lora Wilmott on 6.2.18

PHSE Co-ordinator

To be reviewed February 2021

Date Approved.....

Approved by..... *on behalf of the governors of Cherry Dale*