

**ACTIVITIES
for
YOUNG PEOPLE**



Tuesday

4.00-5.00 pm	Pre Beginners Gymnastics	5-7 years	£2 per session
5.00-6.00 pm	Beginners Gymnastics	8+ years	£2 per session
5.00-6.00 pm	Football	5-10 years	£1 per session
6.00-7.00 pm	Football	11+ years	£1 per session

Wednesday

3.45-5.45 pm	Rollerblading/Games	5-10 years	£2 per session
6.00- 7.00 pm	Parkour	5-10 years	£1 per session
7.00-8.00 pm	Parkour	11 + Years	£1 per session

Thursday

3.30-4.45 pm	After school Games	5-10 years	£1 per session
5.00-7.00 pm	Multisport	11+ years	£1 per session



YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.