



Be the Best You Can Be...  
Celebrate Success...  
Respect Others...

# LJS Update

Newsletter No 36 March 2018

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Welcome back, I hope you had a relaxing break.

This half term is only 5 weeks, but it will be jam packed with lots of different learning and events. Don't forget we break up on Thursday 29<sup>th</sup> March.

## Head Teacher comments on.....

I thought I would try a bit of a blog in the newsletter (although I hate the word blog!) to share some of the other events and perspectives that happen in school.

One of the best parts of my job is assemblies, I love seeing the children all together and sharing stories and achievements with them. I love it when the children bring in their successes from home as well, as it is important to me to be able to celebrate all aspects of success with the children. So please keep sending in the trophies, medals and certificates.

This week we will once again be doing lots of activities linked to World Book Day. The children will be working with Mrs Deacon to create some amazing art work for our library, we will all be dressing up on Wednesday and we will be having our reading picnic on Friday. I love these events as not only do they create opportunities for art, reading and writing; but the buzz in school from the children and adults means it creates something that children will remember about their time in primary school. Creating a love for school and learning is what education should be about; so that our children can go on to do anything they wish!

*Jess Scott*

## Snow

Just a reminder that school snow updates can be found on the BBC Nottingham website, our school website and local radio. We will send a text if school is closed due to snow.



### Cough and Colds

Could we please ask that if children have cough sweets in school they are given to the teacher to look after.

Thank you.



### Financial Statement

If anyone is interested in seeing the Governors Financial Statement for the year 2017/18, please call in at the school office.

### Parking

Can we please ask that you park considerately around the surrounding roads. Please do not block drives or access.

We appreciate that parking is limited and our concern is always around the safety of the children.



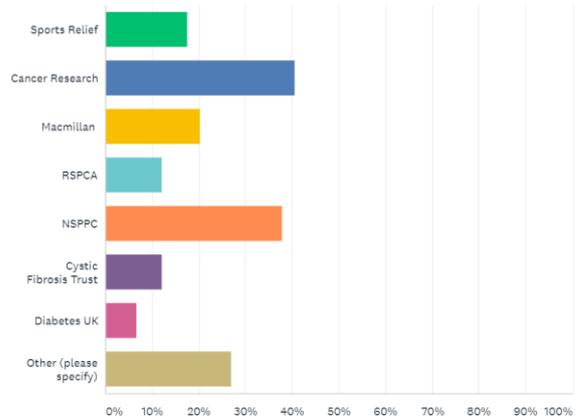
### Mobile Phones

Can I please remind you that mobile phones should not be brought into school, unless your child walks home from school on their own. The phones **should not** be used on the school site and should be switched off.

For further information, please see our acceptable use policy on the website.



### Charity Choice



Thank you for your response to our charity survey. The Take care reps will now ask the children to vote on the top three choices for an overall winner:

**Cancer Research**

**NSPPC**

**Macmillan**

Thank you for all the other nominations, we will look at this again next year when deciding which events to support.



## Focus on... **Mental Health**

Children's mental health and wellbeing are just as important as their physical health. One in ten children in the classroom can suffer from a mental health problem at any one time. Early intervention to address mental health issues is vital in supporting children so that they are less likely to suffer from serious mental health difficulties later on in life. Good mental health allows children to build up their resilience so that they are better equipped to face life's challenges. Emotional support from a trained professional can help a child develop their communication skills and help them find ways to navigate through a range of problems that might be present. Counselling can support children to develop an awareness of themselves so that they can then find safe ways to express themselves, which in turn facilitates their emotional development and helps them build on their communication skills. Working together to support children's mental health is therefore essential in helping them develop into healthy adults; parents, schools, health and the wider community all have a part to play in making children's mental health a priority so that children's wellbeing can flourish as they grow. Place 2 Be is currently working with our school for 2 days a week. For further information, please contact Dawn, our project manager on 0115 919 4343 on a Thursday or Friday.

### **Place2Be is a charity working in schools to improve the confidence and wellbeing of children.**

#### **How Place2Be works**

There is a special Place2Be room inside the school where children can go to express and think about their worries, through talking, creative work and play. Trained adults called School Project Managers support this process, helping children to find new ways of coping with difficulties so they don't get in the way of friendships or learning.

#### **Times when we're especially useful**

There are times when children feel particularly sad, confused, fearful or angry, due to family problems such as separation or illness, or even the death of a much-loved pet. Some may become withdrawn; others may become demanding or challenging in their behaviour: that's when having Place2Be in school is especially helpful.

#### **How we help children**

Place2Be works with children one-to-one and in small groups, offering regular time-tabled support for those who will benefit most. All pupils can find help with friendship issues and other worries by choosing to visit Place2Talk. Short lunchtime sessions are open to individuals and to groups.