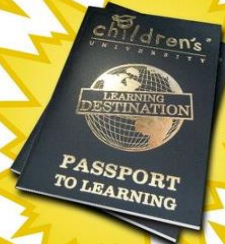


# TAEKWONDO



SHEFFIELD  
children's  
UNIVERSITY



SUNDAYS 5:00pm - 6:30pm

GREENHILL 265<sup>th</sup> SCOUT HUT (S8 7JQ)

£5 per session (Family concession available)



- **Learning destination** for the **Children's University**
- **Fun** for all the family and **all ages**
- Improve **self-esteem** & build **confidence**
- Build & Improve **fitness, strength & stamina**
- Improve **flexibility, balance, focus & coordination**
- Learn **self-defence** & gain **discipline & control**
- Core class values of **respect & courtesy**
- Class **suitable for all** from beginners to Masters
- Option to compete in a **combat sport**

Master Darren Thorp 6<sup>th</sup> Dan has over 25 years' experience with teaching Taekwondo (20+ years at Sheffield University). He is a registered Master with the Kukkiwon in Korea & Taekwondo instructor with the British Taekwondo Council, liability & individually insured, enhanced DBS checked and holds First Aid certification.

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