



St James C of E Infant School

Sex and Relationships Education Policy

September 2017

Introduction

The aim of our Sex and Relationships Education Policy is to enable pupils to make healthy informed choices and to equip children with the values and attitudes, knowledge and understanding and personal skills that enable them to make the sort of choices that lead to a healthy lifestyle.

As a Church of England School we provide a Christian environment, based on the principles and practices of the Church of England. Through Religious Education, Worship and spiritual development we model and promote tolerance, encouragement and support.

What is Sex and Relationship Education?

The Department For Education the DfE guidance document Sex and Relationship Education (ref DfEE 0116/2000) states:

“It is lifelong learning about physical, moral and emotional development. It is about understanding the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity – this would be inappropriate teaching”.

St James C of E Infant School believes it is important to start Sex and Relationship education from an early age using an age appropriate programme, which because of the age of the children focuses on relationship education and not on sex, sexuality and sexual health.

How Sex and Relationships Education is taught at St James C of E Infant School

In the Early Years Foundation Stage it will be covered through:

Personal, Social and Emotional Development:

- Making Relationships
- Self Confidence and Self Awareness
- Managing Feelings and Behaviour

Physical development:

- Health and Self Care

Understanding of the World:

- People and Communities
- The World

At Key Stage 1, Sex and Relationships Education will be taught across the curriculum as part of Science, Personal, Social and Health Education and Religious Education.

The New National Curriculum for Key Stage 1 in Science requires that:

- In Year 1 pupils should be taught to identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- In Year 2 pupils should be taught to:
 - notice that animals, including humans, have offspring which grow into adults
 - find out about and describe the basic needs of animals, including humans, for survival (water, food and air)
 - describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene

Sex and Relationship Education will also focus on:

- Attitudes and values
- Learning about the values of family life and stable relationships.
- Learning the value of respect, love and care.
- Exploring, considering and understanding moral dilemmas.
- Developing critical thinking as part of decision making.
- Personal and Social Skills
- Learning to manage emotions and relationships confidently and sensitively.
- Developing self – respect and empathy for others
- Learning to make choices based on understanding of differences and with the absence of prejudice.
- Providing opportunities for young people to develop the ability to understand the consequences of their decisions and actions, and to manage conflict.

As part of Sex and Relationships Education we aim to develop the skills of pupils so that:

- pupils develop necessary communication skills and the appropriate vocabulary
- they are able to talk about their feelings and explain their choices
- they begin to develop self-respect and empathy for others.
- they begin to manage emotions and relationships with growing confidence
- they can take part in simple discussions - giving their opinion with confidence
- they agree rules for the group / classroom / school – and understand that rules help to keep them safe
- they are able to recognise safe and unsafe situations and choices that they can make to keep safe
- they use simple rules for dealing with strangers and for resisting pressure when they feel uncomfortable
- they begin to make choices towards a healthy lifestyle
- they develop the ability to understand the consequences of their decisions and actions, and to manage conflict

Monitoring and Review

Monitoring is the responsibility of the Head Teacher. He will regularly assess the effectiveness of the aims, content, methods and effectiveness of this policy through lesson observations, sampling teachers' planning, speaking to the children and feedback from parents.

This policy will be reviewed every 2 years by the Head Teacher.

Review Date: 20th September 2017

Signed: *M Craig*

Next Review: September 2019