

Spring Term 1 2018 Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Main Course</i>	<i>Meatballs served with an Italian tomato sauce</i>	<i>Chicken Tikka Masala</i>	<i>Roast Gammon served with pineapple</i>	<i>Cottage Pie served with Pickle Red Cabbage</i>	<i>Battered Pollack</i>
<i>Vegetarian Option</i>	<i>Vegetarian Balls served with a tomato sauce</i>	<i>Quorn Tikka Masala</i>	<i>Homemade Vegetarian Quiche</i>	<i>Vegetable Cottage Pie served with Pickle Red Cabbage</i>	<i>Freshly made Cheese Whirls</i>
	<i>Jacket potatoes and fillings Fresh salads available daily</i>				
<i>Carbohydrate</i>	<i>Fresh Herby Pasta</i>	<i>Naan Bread and Plain Rice</i>	<i>Roast potatoes</i>	<i>Crusty Bread</i>	<i>Oven Chips</i>
<i>Vegetables</i>	<i>Country Style Mixed Vegetables</i>	<i>Sweetcorn</i>	<i>Cauliflower Cheese & Carrots</i>	<i>Diced Carrot & Swede</i>	<i>Garden Peas</i>
<i>Dessert</i>	<i>Choc Sponge Pudding White Vanilla Sauce</i>	<i>Mango & Orange Smoothie</i>	<i>Oatmeal Cookie</i>	<i>Fruit Jelly</i>	<i>Banana Bread</i>
	<i>Fruit, yoghurt and sultanas are available daily</i>				
<i>Drinks</i>	<i>Jugs of water & Low Fat Milk are available daily</i>				

This menu can change due to deliveries and any problems that may arise