



## PSHE Curriculum

Designed as a whole school approach, the Jigsaw resources we are using provide a comprehensive scheme of learning all the way through school from Year 3-Year 6.

Jigsaw PSHE brings together Personal, Social, Health and Economic education, emotional Literacy, social skills and spiritual development in a lesson a week programme.



Jigsaw is structured into 6 half-termly Puzzles (units) with the whole school studying different Pieces of the same Puzzle at the same time.

The Puzzles are sequential and developmental from September to July.

### Year 3 and 4

	Autumn	Spring	Summer
2017	<p><b>Being me in my world</b></p> <p>Getting to know each other Our Nightmare school Our Dream school Rewards and consequences Our Learning charter Owning our Learning charter</p>	<p><b>Dreams and goals</b></p> <p>Dreams ad goals My dreams and ambitions A new challenge Overcoming obstacles Celebrating my Learning</p>	<p><b>Relationships</b></p> <p>Family roles and responsibilities Friendship Keeping myself safe Being a global citizen Celebrating my web of relationships</p>
2018	<p><b>Celebrating difference</b></p> <p>Families Family conflict Witness and feelings Witness and solution Words that harm Celebrating difference Compliments</p>	<p><b>Healthy Me</b></p> <p>Being fit and healthy What do I know about drugs? Being safe Being safe at home My amazing body</p>	<p><b>Changing Me</b></p> <p>How babies grow Babies Outside body changes Inside body changes Family stereotypes Looking ahead</p>

	Autumn	Spring	Summer
2018 2019	<p><b>Being me in my world</b></p> <p>Becoming a class team Being a school citizen Rights, responsibilities and democracy Rewards and consequences Our Learning charter Owning our Learning charter</p>	<p><b>Dreams and goals</b></p> <p>Hopes dreams Broken dreams Overcoming disappointment Creating new dreams Achieving goals We did it !</p>	<p><b>Relationships</b></p> <p>Relationships web Love and loss Memories Are animals special? Special pets Celebrating my relationships with people and animals</p>
	<p><b>Celebrating difference</b></p> <p>Judging by appearances Understanding influences Understanding bullying Problem solving Special me Celebrating differences - how we look</p>	<p><b>Healthy Me</b></p> <p>My friends and me Group dynamics Smoking Alcohol Healthy friendships Celebrating my inner strength and Assertiveness</p>	<p><b>Changing Me</b></p> <p>Unique me Having a baby Girls and puberty Circles of change Accepting change Looking ahead</p>



DAFTA Award  
Winners  
2008, 2009,  
2011



## Year 5 and 6

	Autumn	Spring	Summer
2017 2018	<p><b>Being me in my world</b></p> <p>My year ahead Being me in Britain Year 5/6 responsibilities Rewards and consequences Our Learning charter Owning our Learning charter</p>	<p><b>Dreams and goals</b></p> <p>When I grow up Investigating jobs and careers My dream job Dreams of goals of young people in other cultures How can we support each other? Rallying support</p>	<p><b>Relationships</b></p> <p>Recognising me Getting on and falling out Girlfriends and boyfriends Relationships and technology</p>
	<p><b>Celebrating difference</b></p> <p>Different cultures Racism Rumours and name calling Types of bullying Does money matter? Celebrating difference across the world</p>	<p><b>Healthy Me</b></p> <p>Smoking Alcohol Emergency aid Body image My relationship with food Healthy me</p>	<p><b>Changing Me</b></p> <p>Self and body image Puberty for girls Puberty for boys Conception Looking ahead</p>

## Year 5 and 6

	Autumn	Spring	Summer
2018 2019	<p><b>Being me in my world</b></p> <p>My year ahead Being a global citizen The Learning charter Our Learning charter Owning our Learning charter</p>	<p><b>Dreams and goals</b></p> <p>Personal Learning goals Steps to success My dream for the world Helping to make a difference Recognising our achievements</p>	<p><b>Relationships</b></p> <p>My Relationship web Love and loss Power and Control Being safe with Technology</p>
	<p><b>Celebrating difference</b></p> <p>Am I normal? Understanding disability Power struggles Why Bully Celebrating differences</p>	<p><b>Healthy Me</b></p> <p>Food Drugs Alcohol Emergency First Aid Emotional and Mental Health Managing Stress</p>	<p><b>Changing Me</b></p> <p>My self-image Puberty Girl talk/ boy talk Babies contraception to birth Attraction Transition</p>



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