

# **Broad Chalke CE VA Primary School**

## **School Food Policy**

**Mission Statement: With the love of God we learn, care, grow and share**

Broad Chalke CE VA Primary School is dedicated to providing an environment which promotes healthy eating and enables pupils to make informed choices about the food they eat. This will be achieved by the whole school approach to food and nutrition documented in this School Food Policy.

### **Aims**

1. To enable pupils to make healthy food choices through the provision of information and development of appropriate skills and attitudes.
2. To provide healthy food choices.
3. To encourage children to try new foods.

### **National Guidance**

This policy was written using a range of documents, including the School Food Plan and our meals are fully compliant with the School Food Standards 2015.

This policy covers the areas of:

- Water
- Break-time snacks, including those brought from home
- School lunches, including packed lunches
- The dining room environment
- Curriculum
- After school clubs and events

Our procedures apply to all staff, pupils, parents, governors and partner agencies working within the school.

### **Water**

Fresh drinking water will be available for all pupils throughout the day and pupils will be encouraged to drink water at frequent intervals. Pupils are encouraged to bring a water bottle every day that they can refill as necessary. Bottles should go home at the end of the day to be washed and returned. No drinks other than water should be brought into school by pupils unless recommended by a doctor for medical needs. Staff pay for tea and coffee in the staffroom. Children under the age of 5 and those in receipt of free school meals (not universal infant free school meals) qualify for free milk but parents can continue to purchase milk after the age of 5. Jugs of water are always available at lunchtimes in the dining hall.

### **Snacks**

Fruit and vegetables provided through the Government scheme will be available free for all pupils in KS1 and at a small cost for pupils in KS2. Any snacks brought from home will be restricted to fresh fruit or vegetables unless recommended by a doctor on medical grounds. Children are given one sweet as a reward if their house achieves the most points in the weekly house point challenge.

### **School Lunches Including Packed Lunches**

As from September 2014, under new government legislation, all children in Reception and KS1 are entitled to a hot meal free of charge. Parents can choose for their children to have a cooked meal or bring a packed lunch should they wish. All school meals are prepared following the government nutritional guidelines and food is cooked onsite. The school kitchen will make special provision for medical dietary needs if this can be verified by a medical person but regret that they do not have the capacity to cater for dietary preference. Vegetarian meals are prepared on request to accommodate vegetarians. Staff will work with children to provide a safe, attractive and appropriate dining area. Pupils bringing packed lunches to school share the same dining area and tables as those having a cooked meal. Drinking water is available for all pupils.

### **Dining Room Environment**

Generally, younger children eat on the first sitting and the older children eat on the second sitting. The children are aware that we have dining room rules to create a pleasant and sociable environment and these are on display in the hall. Good manners are encouraged and often music is playing quietly to provide a feeling of ambience.

### **Curriculum**

Healthy eating will be addressed in areas of the curriculum, e.g. PSHE, DT, Science, Humanities. Through various topics, pupils will have the opportunity to cook and eat different foods and staff aim to promote healthy choices and multi-cultural options where possible. In the summer term, year 6 pupils take turns to prepare and cook food in the kitchen alongside our school chef and kitchen assistant.

### **After School Clubs and Events**

Any food and drink provided at after school clubs and events will be in line with the School Food Policy. Some exceptions will take place, e.g. FOBS events, where the well-being and fun element of the occasion will override the healthy option, although any 'treat items' provided should be restricted to one or two per pupil although this really is down to parental control. Similarly, when pupils and adults in school have occasion for celebration this may involve the consuming of 'treat items'.

### **Assessment, Monitoring, Evaluation and Review**

Monitoring, evaluation and review of this policy and its contents, and its workability will be the responsibility of the Headteacher, SMT and the PSHE Leader. All staff and Governors will be informed and kept up to date with any changes in policy, any new information, initiatives or procedures involved in food hygiene, health and safety and nutrition as the need arises throughout the year.

Ratified by FGB: Spring 2015

Reviewed: Spring 2018

Next review due: Spring 2021