

ASTHMA GUIDANCE INCLUDING USE OF EMERGENCY INHALER

Parents and carers have a responsibility to:

- **Tell the school if their child has asthma.**
- **Ensure the school has a complete and up-to-date child asthma action plan.**
- **Inform the school about the medicines the child requires during school hours.**
- **Inform the school of any medicines the child/young person requires while taking part in visits, outings or trips and other out of school activities.**
- **Tell the school about any changes to their child's medicines, what they take and how much.**
- **Inform the school of any changes to their child's asthma (for example, if their symptoms are getting worse or they are sleeping badly due to their asthma)**
- **Ensure their child's reliever inhaler (and spacer where relevant) is labelled with their name.**
- **Provide the school with a spare reliever inhaler labelled with their child's name if necessary.**
- **Ensure their child's reliever inhaler and the spare inhaler is within its expiry date.**
- **Keep their child at home, if they are not well enough to attend school due to their asthma symptoms.**
- **Ensure their child catches up on any schoolwork they have missed.**
- **Ensure their child has regular reviews with their doctor/asthma nurse (every 6 to 12 months)**

School staff have a responsibility to:

- **Know which pupils have asthma.**
- **Know what to do when a student has an asthma attack.**
- **Allow pupils with asthma immediate access to their reliever inhaler.**
- **Inform parent/carers if their child has had an asthma attack.**
- **Inform parents/carers if their child has been using more of reliever inhaler than they usually would.**
- **Ensure pupils have their asthma medication with them when they go on school trips or out of the classroom for activities.**
- **Ensure pupils who have been unwell catch up on missed work.**
- **Allow pupils immediate access to a qualified first aider if unwell.**

- **Refer to the medical conditions and medicines in school policy.**

Pupils have a responsibility to:

- **Treat other pupils with asthma equally.**
- **Let any pupil having an asthma attack take their inhaler and ensure a member of staff is notified.**
- **Tell their parent/ teacher when they are not feeling well.**
- **Know how to take their own asthma medication.**

Emergency inhaler in school

- **From 1st October 2014 the Human Medicines (Amendment) (No. 2) Regulations 2014 will allow schools to buy salbutamol inhalers, without a prescription, for use in emergencies.**

Children should only use the emergency salbutamol inhaler if:

- **They have been diagnosed with asthma, and prescribed a reliever inhaler;**
- **OR have been prescribed a reliever inhaler;**
- **AND for whom written parental consent for use of the emergency inhaler has been given.**

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/416468/emergency_inhalers_in_schools.pdf

Attached documents

**Parental consent for emergency inhaler
Emergency inhaler usage**

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St Stephen's C.E Primary School
Nurture, Grow,

Dear Parent/Carer,

USE OF EMERGENCY SALBUTAMOL INHALER

Child showing symptoms of asthma / having asthma attack

- 1. I can confirm that my child has been diagnosed with asthma / has been prescribed an inhaler**
- 2. My child has a working, in-date inhaler, clearly labelled with their name, which they will keep in school.**
- 3. In the event of my child displaying symptoms of asthma, and if their inhaler is not available or is unusable, I consent for my child to receive salbutamol from an emergency inhaler held by the school for such emergencies.**

Child's name:.....

Class:.....

Signed:

Name(print):.....

Date:.....

PLEASE COMPLETE THE FORM AND RETURN TO MRS O'BRIEN AT SCHOOL IF YOU CONSENT TO YOUR CHILD USING AN THIS INHALER.

EMERGENCY SALBUTAMOL INHALER USE

Child's name:

.....

Class:

Date:

Dear Parent/Carer,

This letter is to formally notify you that.....has had problems with his / her breathing today.

This happened when.....

Circle option 1 or 2

1.They did not have their own asthma inhaler with them.

2. Their own inhaler was not working.

The emergency asthma inhaler contained salbutamol. They were given puffs.

Although they soon felt better, we would strongly advise that you have your child seen by your own G.P. as soon as possible.