



PARENTS' FORUM

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SUPPORTING CHILDREN WITH SELF-HARMING BEHAVIOURS

Wednesday, 11 April 7pm-9pm

refreshments from 6.30pm

Cost £8

Book online at <https://www.letchworthcentre.org/classes/lunchtime-talks-and-workshops/>

or call the Letchworth Centre on 01462 678804

A self-harm forum for parents/carers developed by NESSie (North Herts Emotional Support in Schools Service).

The aim of this evening is to explore and discuss the issues surrounding self-harm and give parents/carers a better insight into the ways in which they can support their children.

