

Week



Monday

Pork & Carrot Meatballs
(With freshly-made tomato sauce)
Quorn Balls (V)
(With freshly-made tomato sauce)
Pasta, Peas
Ginger & Orange Sponge with Custard

Tuesday

Cod Bites
Vegetarian Vegetable Fingers (V)
Jacket Wedges
Baked Beans
Vanilla Shortbread

Wednesday

Beef Hotpot
(Strips of tender beef in gravy served with Yorkshire pudding)
Cheese & Vegetable Bake (V)
Roast & Creamed Potatoes
Carrots, Peas
Apple & Oat Brownie

Thursday

Breakfast Day
(Sausage & bacon)
Linda McCartney
Vegetarian Sausage (V)
Hash Browns
Baked Beans, Tomatoes
Selection of Cookies

Friday

Pizza
(With a selection of toppings)
Chips
Sweetcorn
(Served with Ketchup)
Fruit Jelly

Menu Weeks

16-04-2018	14-01-2019
07-05-2018	04-02-2019
04-06-2018	04-03-2019
25-06-2018	25-03-2019
16-07-2018	
10-09-2018	
01-10-2018	
22-10-2018	
19-11-2018	
10-12-2018	

Week



Monday

Fish Fingers
Vegetarian Vegetable Fingers (V)
Diced Potatoes
Peas
Flapjack

Tuesday

Pork Sausages
Linda McCartney
Vegetarian Sausage (V)
Creamed Potatoes
Baked Beans
Chocolate Sponge & Chocolate Sauce

Wednesday

Roast Chicken
(With gravy)
Quorn Fillet (V)
(With gravy)
Roast & Creamed Potatoes
Carrots, Cabbage
Selection of Cookies

Thursday

Beef Bolognese
Vegetable & Lentil Bolognese (V)
Spagheti, Peas
Vanilla & Chocolate Cupcakes

Friday

Pizza
(With a selection of toppings)
Chips
Sweetcorn
(Served with Ketchup)
Frozen Fruit
Yoghurt

Menu Weeks

23-04-2018	21-01-2019
14-05-2018	11-02-2019
11-06-2018	11-03-2019
02-07-2018	01-04-2019
23-07-2018	
17-09-2018	
08-10-2018	
05-11-2018	
26-11-2018	
17-12-2018	

Week



Monday

Beef Grill
Quorn Burger (V)
Diced Potatoes
Baked Beans
Toffee Cake & Custard

Tuesday

Cod Bites
Vegetarian Vegetable Fingers (V)
Baby Potatoes
Peas
Assorted Fruit Muffins
(Apple, blueberry & orange)

Wednesday

Pork & Bacon Slice
(With gravy)
Cheese & Potato Bake (V)
Roast & Creamed Potatoes
Carrots
Selection of Cookies

Thursday

Crispy Chicken
(With sweet & sour sauce)
Quorn (V)
(With sweet & sour sauce)
Noodles
Sweetcorn
Vanilla Iced Sponge & Custard

Friday

Pizza
(With a selection of toppings)
Chips
Sweetcorn
(Served with Ketchup)
Fruit Jelly

Menu Weeks

30-04-2018	28-01-2019
21-05-2018	25-02-2019
18-06-2018	18-03-2019
09-07-2018	08-04-2019
03-09-2018	
24-09-2018	
15-10-2018	
12-11-2018	
03-12-2018	
07-01-2019	

SANDWICHES AVAILABLE DAILY

Also available daily. Freshly made bread, selection of salads, fresh fruit and assorted yoghurts as an alternative to dessert of the day.

The menu may vary on promotional days. Allergy information is available on request.

Did you know?

- 75% of all meals are freshly prepared.
- 50% of produce is locally sourced.
- All meals are offered with salad, wholemeal bread and a vegetable selection.
- We use Red Tractor chicken, which guarantees safe, quality chicken which meets welfare standards.
- All fish used on our menus are Marine Stewardship Certified (MSC), meaning we only use compliant sustainable fisheries operating to high standards.
- We do not add salt to our dishes.
- All eggs are free range.
- All cakes and biscuits on offer are freshly-made.
- Once per menu cycle an assortment of fruit jelly, fresh fruit and yoghurt's are the only pudding option.
- All puddings are made from reduced sugar recipes and fresh fruit is available daily.
- Additional gluten free options can be available on request.
- Please be aware that our gluten free products are prepared and cooked in the same school kitchen as our non-gluten free products.



Allergen information

Details of allergens for each Shire Services' recipe are listed in our allergy guidance packs. Please contact the school to arrange to meet the school Catering Manager to discuss any dietary requirements.

Why not join our team?

We offer job opportunities for employment in administration, catering and cleaning. All job vacancies are advertised at:

<https://shropshirejobs.engageats.co.uk>
Free school meals?

Head Office

Tel: 01743 250250

shire.services@shropshire.gov.uk
www.shropshire.gov.uk/shire-services

The Food Enterprise Centre
Battlefield Enterprise Park
Shrewsbury
SY1 3TG

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'Shropschoolmeal'



Rosedale CE
Infant School
Lunch Menu
April 2018 - April 2019



LOCAL **seasonal**
traceable healthy
TASTY free range
SUSTAINABLE **FOOD**