

All school meals and salads are made from scratch using fresh ingredients.

Hot meals are available to children every-day at a cost of £2.30 per day

Vegetarian and Halal options are available on any day when meat is offered

Foundation and key stage one children (Years 0, 1 and 2) are entitled to a free hot meal every day.

Week One

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken curry with rice and naan bread served with mango chutney or Vegetable curry with rice and naan bread served with mango chutney Tomato and Basil wholemeal pasta with cheese topping	Home-made lasagne or Home-made fresh vegetable Lasagne or Jacket Potato with a choice of beans or cheese garlic bread	Fish fingers and waffles and peas or Veggie Nuggets and waffles and peas or Pasta Napolitaine	Roast chicken, roast potatoes, Yorkshire pudding, seasonal vegetables or Triple bean and vegetable cutlet, roast potatoes Yorkshire pudding, Seasonable vegetables	Buffet/Deli day Baguettes or tortilla wraps or jacket potato with choice of chicken, ham, cheese, salami, tuna and falafel, houmous, chilli dip, etc.
_____ Selection from the salad bar _____ Fruit milkshake Selection of fresh fruit	_____ Selection from the salad bar _____ Rhubarb and pear crumble Selection of fresh fruit	_____ Selection from the salad bar _____ Fudge cake and cream Selection of fresh fruit	_____ Selection from the salad bar _____ Ice cream Selection of fresh fruit	_____ Selection from the salad bar _____ Frozen yoghurt pot Selection of fresh fruit
Milk/Chilled water	Milk/Chilled water	Milk/Chilled water	Milk/Chilled water	Milk/Chilled water

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese with cheese topping, garlic bread	Home made chicken pie with fresh tarragon sauce	Jacket Potato with a choice of fillings	Roast chicken, roast potatoes, Yorkshire pudding, seasonal vegetables	Buffet/Deli day Baguettes or tortilla wraps or jacket potato with choice of chicken, ham, cheese, salami, tuna and falafel, houmous, chilli dip, etc.
or	or	or	or	
Spaghetti with tomato and vegetable sauce, and cheese topping, garlic bread	Home made vegetable pie with fresh tarragon sauce	Tomato and basil pasta with cheese	Triple bean and vegetable cutlet, roast potatoes, Yorkshire pudding, Seasonal vegetables	
or	Seasonal vegetables			
Jacket Potato with a choice of fillings	Linguine with arrabiata sauce			
—	—	—	—	—
Selection from the salad bar	Selection from the salad bar	Selection from the salad bar		Selection from the salad bar
—	Fruit jelly and ice cream	—	—	—
Fruit milkshake		Lemon cake served with cream	Fruit Sorbet	Ice cream
Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit
Milk/Chilled water	Milk/Chilled water	Milk/Chilled water	Milk/Chilled water	Milk/Chilled water

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Westborough home-made Pizza topped with tomato and cheese or Ratatouille with pasta	Fish cake served with chips and peas or beans or Jacket potato with a variety of toppings including tuna, cheese and beans	Local butchers sausages with mashed potato or Local butchers Halal chicken sausages and mashed potato or Quorn sausages and mashed potato or Tomato and basil pasta with cheese	Roast chicken, roast potatoes, Yorkshire pudding, seasonal vegetables or Triple bean and vegetable cutlet, roast potatoes, Yorkshire pudding, Seasonal vegetables	Buffet/Deli day Baguettes or tortilla wraps or jacket potato with choice of chicken, ham, cheese, salami, tuna and falafel, houmous, chilli dip, etc.
— Selection from the salad bar Fruit milkshake	— Selection from the salad bar Apple crumble with ice cream	— Selection from the salad bar Toffee sponge with custard	— Chocolate brownie	— Selection from the salad bar Ice cream
Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit	Selection of fresh fruit
Milk/Chilled water	Milk/Chilled water	Milk/Chilled water	Milk/Chilled water	Milk/Chilled water

**Breakfast is available every day in the school hall
between 7.00 and 7.45 AM at a cost of £1.10 per child.**

THE WESTBOROUGH SCHOOL - BREAKFAST MENU

Selection of cereals- Weetabix, cornflakes, shreddies/porridge

Fresh fruit/ ham or cheese

croissants/crumpets

Selection of breads/rolls/pancakes

Selection of jams/spreads

Daily hot breakfast includes:

Baked beans, Hash Brown or Toast, boiled or scrambled egg

Milk/water/tea/coffee

Cost per child: 1.10

Cost per adult: £1.50

Or, pay for your child's breakfast on a Monday each week and pay a reduced rate of £5.00

The above selections are available every day in the kitchen servery 7.00 am – 7.45 am

TUCK

Tuck will now be available to buy every morning before school between 7.30 and 7.50

Cheese rolls – 30p, Flapjack – 30p

FREE fruit, milk and water are available to all children throughout the day.

EYFS tuck is arranged by EYFS staff and is payable weekly/termly at a cost of £1.50 per week.