



Fonthill Primary School Policy for Personal, Social, Health and Economic education (PSHE)

(To be read in conjunction with Sex and Relationship Education Policy)

“I believe children are our future. Teach them well and let them lead the way” *George Benson*

“Freedom is total responsibility, not only for your children but for all the children on the earth.”
Krishnamurti

Rationale

At Fonthill we are committed to developing children as healthy, independent and responsible members of society who understand their rights and responsibilities towards themselves, others in school, the local and global community. We are committed to developing children's awareness of their thoughts and feelings as they happen, in the moment, on purpose and with no judgement so that they have the skills and understanding to make informed choices.

Aims

Personal, Social and Health Education enables the children to:

- Develop self-confidence and self-esteem
- Know and understand what constitutes a healthy lifestyle
- Know how to keep themselves safe
- Understand and develop good relationships with other members of the school and the wider community respecting the differences between people
- Be independent and responsible members of the school community
- Be positive and active members of a democratic society
- Make informed choices regarding personal and social issues

Guidelines

We use the ‘Jigsaw – The Mindful Approach to PSHE’ Scheme to deliver PSHE across the school including the Early Years.

There are 6 units of work, each with two learning intentions

1. Learning intention specific to PSHE covering the non-statutory national framework for PSHE
2. Learning intention based on Emotional Literacy and Social Skills

Each year group studies the same unit at the same time allowing for themes to be shared and celebrated by the whole school.

The 6 puzzles:

Term	Unit	What it includes
Term 1	Being Me in My World	Includes understanding my place in the class, school and global community as well as devising Learning Charters)
Term 2	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and diversity work
Term 3	Dreams and Goals	Includes goal-setting, aspirations, working together to design and organise fund-raising events
Term 4	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices
Term 5	Relationships	Includes understanding friendship, family and other relationships, conflict resolution and communication skills
Term 6	Changing Me	Includes Sex and Relationship Education in the context of looking at change

PSHE contributes to SMSC development across the school

Teaching Strategies

We use a range of teaching and learning styles that take account of children's preferred learning styles and abilities. Inclusivity is part of the Jigsaw philosophy, teachers differentiate through a range of creative learning activities that enable all children to work to their full potential.

Each puzzle is introduced at the beginning of term with a whole school introductory assembly led by the Headteacher or Deputy Head.

The weekly themes form the basis of weekly assembly themes across the school.

Weekly celebration certificates recognise effort, positive attitudes and achievement of the weekly themes by members of every class.

Each PSHE lesson follows a similar structure

- Connect us maximise social skills, engender positive relationships and enhance collaborative learning
- Calm me still the children's minds, relaxing them and quietening their emotions to a place of optimum learning capacity
- Open my mind allows children to focus on what is significant and filter out what is not relevant or important to the learning each session
- Tell me or show me Introduces new information, concepts and skills
- Let me learn manipulate, use and play with the new information to be able to make sense of it
- Help me reflect reflect on, process and evaluate what they have learnt, to allow them to apply it to their lives
- Closure summarises key learning and praises effort, positive attitudes and Achievements

Assessment

Each class keeps a class PSHE book which demonstrates learning and can be used for assessment.

Date Policy Agreed	6 th December 2017
Review date	December 2020
Agreed by	FGB