

April - July 2018



Spring / Summer Deli Bar

Monday Tuesday Wednesday Thursday Friday

Week One

Baguette or Wrap	Homemade Bread or Wrap	Baguette or Wrap	Homemade Bread or Baguette	Homemade Bread or Wrap
Pasta	Pasta	Pasta	Pasta	Pasta
Sliced Ham or Egg Mayonaise	Grated Cheddar Cheese or Sliced Ham	Tuna Mayonaise or Gratted Cheddar Cheese	Sliced Ham or Egg Mayonaise	Tuna Mayonaise or Grated Cheddar Cheese
A Selection of Salads	A Selection of Salads	A Selection of Salads	A Selection of Salads	A Selection of Salads

Week Commencing 16th April, 7th May, 4th June, 25th June, 16th July

Week Two

Baguette or Wrap	Homemade Bread or Wrap	Baguette or Wrap	Homemade Bread or Baguette	Homemade Bread or Wrap
Pasta	Pasta	Pasta	Pasta	Pasta
Sliced Ham or Egg Mayonaise	Grated Cheddar Cheese or Sliced Ham	Tuna Mayonaise or Grated Cheddar Cheese	Sliced Ham or Egg Mayonaise	Tuna Mayonaise or Grated Cheddar Cheese
A Selection of Salads	A Selection of Salads	A Selection of Salads	A Selection of Salads	A Selection of Salads

Week Commencing 23rd April, 14th May, 11th June, 2nd July, 23rd July

Week Three

Baguette or Wrap	Homemade Bread or Wrap	Baguette or Wrap	Homemade Bread or Baguette	Homemade Bread or Wrap
Pasta	Pasta	Pasta	Pasta	Pasta
Sliced Ham or Egg Mayonaise	Grated Cheddar Cheese or Sliced Ham	Tuna Mayonaise or Grated Cheddar Cheese	Sliced Ham or Egg Mayonaise	Tuna Mayonaise or Grated Cheddar Cheese
A Selection of Salads	A Selection of Salads	A Selection of Salads	A Selection of Salads	A Selection of Salads

Week Commencing 30th April, 21st May, 18th June, 9th July



The following are available daily:
 Freshly prepared salad bar containing 4-6 choices (minimum of 3 with no dressing)
 Organic fresh white & wholemeal crusty bread
 Selection of seasonal fresh fruit and low fat yoghurts
 Chilled water
 The carbohydrate is incorporated in the whole dish unless otherwise stated