

## Reporting National Curriculum requirements for swimming

For the 2017 to 2018 academic year, there is a new condition requiring schools to publish how many pupils within their Year 6 cohort are meeting the national curriculum requirement to swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively and perform safe self-rescue in different water-based situations.

This condition has been added in response to recommendations from the Swim Group, who reviewed curriculum swimming and water safety in primary schools. Please see the data below for information regarding the current Year 6 children's swimming competence.

National Curriculum – Children can; <ul style="list-style-type: none"><li>• straddle entry into deep water</li><li>• demonstrate an effective swimming stroke on front over a distance of 25 metres</li><li>• use a backwards stroke for 25 metres</li><li>• tread water or perform star float for 1 minute</li><li>• assume the HELP posture for 2 minutes</li><li>• demonstrate the ability to rotate from front to back while swimming 25 metres</li></ul>	67%
10 metres plus – Children can; <ul style="list-style-type: none"><li>• safely enter using a swivel entry or jump in</li><li>• submerge whole body and blow out for 3 seconds</li><li>• swim 10 metres on front without aids</li><li>• swim 10 metres on back without aids</li><li>• perform a front and back push and glide</li><li>• star float on front or back for 10 seconds</li><li>• pick up an object from the bottom of a 1 metre pool with hands</li><li>• demonstrate the ability to rotate from front to back while swimming 10 metres</li></ul>	23%
Safe entry – Children can; <ul style="list-style-type: none"><li>• show a safe method of entry into the pool</li><li>• blow bubbles on the surface for 3 seconds</li><li>• submerge whole body underwater</li><li>• swim 10 metres while using aids</li><li>• swim 5 metres without aids on back or front</li><li>• climb out unaided – NOT using steps</li><li>• regain feet without floats, front and back</li></ul>	8%

Developing skills – Children can; <ul style="list-style-type: none"><li>• enter the pool safely</li><li>• put face under the water</li><li>• blow bubbles on the surface of the water</li><li>• travel 2 metres with aids</li><li>• climb out unaided</li></ul>	2%
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We have organised additional swimming sessions, targeting those children yet to meet the national curriculum expectations. These will begin in the summer term and percentages will be updated at the end of this academic year.