

UW (Understanding the world)

THE WORLD: Exploration & Investigation

Links to health & well-being:

Discuss why food is important to us and what it provides for our bodies.

Discuss healthy eating choices and the importance of combining healthy eating with regular exercise and an active lifestyle.

Discuss the significance of different food groups and the importance of a balanced diet.

Explore milk and dairy produce in our diets, investigating how milk/eggs change when cooked.

Discuss where our foods come from focussing on plants/fruit and veg. Explore/investigate seeds and germination. Grow our own bean plants and other produce in our school garden.

Consider foods which we cook and those which we eat raw, discuss the importance of washing fruit & veg before eating. Prepare and share green salads & fruit smoothies.

Explore a selection of different and unfamiliar fruits using our senses of sight smell touch and taste.

PEOPLE & COMMUNITIES: past and present events

Discuss the roles of our farmers and food producers looking at the different types of shops selling food to us.

PEOPLE & COMMUNITIES: diversity communities cultures

Consider where the fruits we have tasted come from in the world linking to cultural aspects of food production collection preparation and consumption.

Consider a shopping basket of familiar products.

Locate on maps, globes and atlases the journey our food makes to arrive at our shops/on our plates.

TECHNOLOGY

Explore the range of technology available in our homes to prepare food.

Explore scanning machines and barcodes used in shops and food retail.

PSED (Personal, social & emotional development)

Discuss our favourite foods, encouraging understanding that not everyone likes the same things and tolerating other people's views.

Consider the importance of saying thank you to our food providers.



PD (Physical Development)

MOVING & HANDLING:

SMALL APPARATUS: continue to develop control and co-ordination of large & small movements with small apparatus, focussing on rolling/throwing & catching skills.

HEALTH & SELF-CARE:

Continue to develop and promote healthy lifestyle choices through encouragement of exercise and healthy eating.

Discuss the importance of sun protection, hats and water intake during warmer weather. Encourage a 'sun ready' routine for playtimes.

CLL (Communication Language and Literacy): links to topic work

Share various fiction & non-fiction texts related to food. Respond to these texts in creative ways through art, design & make activities and role-play (Cosy Cafe).

RE & Spiritual Development SPECIAL PLACES & EVENTS

Discuss 'What makes a time or place special?'

Share their special places, describe feelings evoked and why it is special to them.

Share recounts of personal celebrations or special events that are important to them now or from the past.

-where did it take place, who was involved, how did you feel?

-include special religious occasions in the child's life.

Link through discussion to religious places and special times/events in our Christian faith

-celebrating a festival or important event in our lives,

-special times to be still/quiet, to pray & feel close to God.

Identify special times and places for worship in school and in our church - discuss rituals and associated artefacts.

Visit our church, find out about its artefacts, rituals and routines. Talk to church members about why their church is special to them.

Link special events to sharing food as part of a celebration.

-share stories from the bible which show the importance of sharing food together.

EAD (Expressive arts and design)

MUSIC:

Explore music making with simple percussion instruments, recognising simple rhythms and feeling the beat.

ART & DESIGN:

Explore various art media and techniques whilst creating 2D & 3D representations of our favourite foods and responding creatively to stories or other food based stimulus.

-collage meal plates, fruit baskets from modelling clay.

DRAMA:

Enjoy playing in role as characters in the Cosy Cafe, stimulated by texts shared whole class

MD (Mathematical Development): links to topic work

Set up a role-play fruit and veg shop and use the vocabulary of money and actual coins in a real-life context.

Compare and measure the length and weight of fruit and veg.