

SCHOOL LUNCH MENU Luton



WEEK 1

W/C 16/4/18, 7/5/18, 4/6/18, 25/6/18, 16/7/18, 17/8/18, 8/10/18

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sausage & Mash with Mash & Onion Gravy	Chicken & Sweetcorn Pie with Potato Wedges	Chicken Rogan Josh served with Whole Grain Rice and Naan	Roast Pork with Roast Potatoes & Gravy	Harry Ramsden Cod Fish with Chunky Chips and Ketchup
Quorn Sausage with Mash & Gravy	Vegetable Sticks with Potato Wedges	Macaroni Cheese	Roast Quorn served with stuffing & Roast Potatoes	3 Cheese & Tomato Pizza Slice served with Chunky Chips & Ketchup
Sweetcorn	Carrots	Broccoli	Carrot Batons	Baked Beans
Courgettes	Garden Peas	Cauliflower	Cabbage	Garden Peas
Toffee Waffles & Ice Cream	Chocolate Crispy Bites	Jam Tart with Custard	Fruit Smoothie	Toffee Apple Sponge with Custard

Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.

AVAILABLE DAILY

- *Home Made Fresh Bread
- *Fresh Salad Items



For details on Cultural and Special Dietary Diets, Allergen Information, School Meal Prices & more, please visit our website:
www.luton.gov.uk/schoolcatering

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SPRING SUMMER 2018

WEEK 2

w/c 23/4/18, 14/5/18, 11/6/18, 27/7/18, 3/8/18, 24/9/18, 15/10/18

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Turkey Meat Ball in Tomato Sauce with Pasta	Sweet Chilli Chicken served with Rice	Mince and Onion Pie with Wedges	Roast Beef served with Yorkshire pudding & Roast Potatoes	Salmon Fish Chunky Chips & Ketchup
Linda McCartney Veg Balls in Tomato Sauce with Pasta	Vegetable Lasagne	Spicy Bean Wrap with Wedges	Cheese & Tomato Quiche with roast Potatoes & Gravy	3 Cheese & Tomato Pizza Slice served with Chunky Chips
Carrot Baton	Roast Peppers	Cauliflower	Sweetcorn	Baked Beans
Broccoli	Mini Corn on the Cob	Sliced Carrots	Savoy Cabbage	Garden Peas
Fruit Bun	Pear & Chocolate Sponge Creamy Custard	Iced Carrot & Orange Cake	Frozen Smoothie	Jelly & Ice Cream

Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.

AVAILABLE DAILY
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WEEK 3

Mon 30/4/18, 21/5/18, 18/6/18, 9/7/18, 10/9/18, 1/10/18

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pasta Bolognese in Tomato Sauce	Caribbean Chicken with Potato Salad	Beef Burger in a Bun	Roast Chicken served with stuffing & Roast Potatoes	Bubble Coated Pollock Fish with Chunky Chips & Ketchup
Four Cheese Ravioli in Tomato Sauce	Quorn Sausage Patties with Potato Salad	Mexican Quorn Fajitas	Spicy Bean Bake with Roast Potatoes & Gravy	3 Cheese & Tomato Pizza Slice served with Chunky Chips
Carrot Batons	Min Corn on the Cobs	Savoy Cabbage	Broccoli	Baked Beans
Garden Peas	Green Beans	Sliced Carrots	Sweetcorn	Garden Peas
Chocolate & Date Brownie	Apricot Flapjack	Frozen Smoothie	Cornflake Tart with Custard	Fruit Sponge and Custard

Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.

AVAILABLE DAILY

- *Home Made Fresh Bread
- *Fresh Salad Items



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