

YA/AC

Thursday 19th April 2018

Fitness Profiling Opt Out

Dear Parent/Guardian

On Thursday 10th May 2018, we will be doing a series of fitness tests as part of PE Fitness Profiling. These tests will include height, weight, 10 metre agility run, flamingo balance test, standing jump, sit and reach and ball catch. All activities are designed to be fun and enjoyable to participate in, taking no longer than 20 minutes to perform. It is hoped that these tests might help to assist with the future planning of PE lessons in our school.

If you would prefer for your child not to be involved in any of these activities, please either telephone the school or tick the box below and return the slip by Friday 4th May 2018. If this is not received, we will assume that permission has been granted.

Kind regards,

Miss Appleyard
PE Co-ordinator

Fitness Profiling Opt Out

Name of child:

Class:

I would prefer for my child not to be involved in any of the Fitness Profiling activities (please tick the box)

Please return this slip by Friday 4th May 2018.