

## A-Z Definition of terms - General

<b>A</b> dditives	
<b>B</b> alanced diet	
<b>C</b> oeliac disease	
<b>D</b> anger zone	
<b>E</b> nzymic browning	
<b>F</b> ood miles	
<b>G</b> luten	
<b>H</b> eat transfer	
<b>I</b> ntolerance	
<b>J</b> ewish diet	
<b>K</b> osher	
<b>L</b> actose intolerance	
<b>M</b> altose	
<b>N</b> ovel Protein Foods	
<b>O</b> rganic farming	
<b>P</b> rovenance	
<b>Q</b> uorn	
<b>R</b> educe	
<b>S</b> ustainable fishing	
<b>T</b> ofu	
<b>U</b> nsaturated fats	
<b>V</b> acuum packing	
<b>W</b> ater soluble vitamins	
<b>eX</b> traction rate	
<b>Y</b> east	
<b>Z</b> esting	

## A-Z Definition of terms - Science

<b>A</b> eration	
<b>B</b> acteria	
<b>C</b> oagulation	
<b>D</b> extrinisation	
<b>E</b> mulsion	
<b>F</b> ermentation	
<b>G</b> elatinisation	
<b>H</b> omogenisation	
<b>I</b> vert sugar	
<b>J</b> oule	
<b>K</b> nocking back	
<b>L</b> isteria	
<b>M</b> aillard reaction	
<b>N</b> utritional supplements	
<b>O</b> xidation	
<b>P</b> reservation	
<b>Q</b>	
<b>R</b> oux	
<b>S</b> hortening	
<b>T</b> enderise	
<b>U</b> nsaturated fats	
<b>V</b> iscous	
<b>W</b> ater soluble vitamins	
<b>X</b> anthan gum	
<b>Y</b> east	
<b>Z</b>	

## A-Z Definition of terms - Nutrition

<b>A</b> naemia	
<b>B</b> eri-beri	
<b>C</b> alcium	
<b>D</b> eficiency	
<b>E</b> xtrinsic sugars	
<b>F</b> olate	
<b>G</b> lycaemic index (GI)	
<b>H</b> BV	
<b>I</b> ron	
<b>J</b>	
<b>K</b> washiorkor	
<b>L</b> DL	
<b>M</b> icronutrients	
<b>N</b> on Starch Polysaccharide (NSP)	
<b>O</b> mega-3 fatty acids	
<b>P</b> rotein	
<b>Q</b> uorn	
<b>R</b> ickets	
<b>S</b> imple carbohydrates	
<b>T</b> rans-fats	
<b>U</b> nsaturated fats	
<b>V</b> egan	
<b>W</b> ater soluble vitamins	
<b>X</b> ylitol	
<b>Y</b>	
<b>Z</b> inc	