



TUESDAY 22nd May 2018 9am-10am

**PARENTING WORKSHOP COFFEE
MORNING AT MARLBOROUGH
PRIMARY SCHOOL!**

Parenting is the hardest job in the world and also the most rewarding. Babies come without a manual, at times as parents we can be lost at what to do, how to manage certain behaviours, wonder if we are doing it 'right,' At each developmental stage comes a new challenge and also amazement as we watch and guide our child to become happy, healthy, successful, confident, able to take risks and make wise choices.

Sometimes we can at times get stuck, would you like to know how to:

- Create a safe, nurturing environment?
- How to encourage desirable behaviour?
- How to set appropriate boundaries?
- To have realistic expectations?
- To take care of yourself as a parent?
- And more



We will be holding five workshops.

Are you interested and want to know more?

Please come along to a drop- in coffee morning with Jacqueline Brown and Deborah Currie on Tuesday 22nd May at 9 a.m. in the Community Room.

Dates of Tuesday workshops

June 12th,19th,26th

July 3rd,10th

9-10 a.m

Looking forward to meeting you!

