Personal, Social and Health Education (PSHE)

PSHE deals with the diverse beliefs, values and attitudes that individuals and societies hold. They help pupils to develop themselves, their understanding of the world, and their ability to communicate their feelings. PSHE helps children to acquire British values and attitudes which are necessary if they are to make sense of their experiences within school and life itself, value themselves, respect others, appreciate differences and diversity and feel confident and informed as a British citizen.

PSHE education cannot exist in isolation. At Guilsborough C of E Primary School it is part of a whole school approach and our curriculum provides a range of opportunities for children to make links to other areas of learning and explore a wide range of social, moral, cultural and behavioural issues.

As a school, we aim to enrich the lives of our children by providing them with the skills and opportunities to apply their learning within and beyond the curriculum. PSHE underpins our school ethos and is delivered as through the Social and Emotional Aspects of Learning (SEAL) whole school approach and also through Targeted Mental Health in Schools (TaMHS) project from Reception to Year 6.

Through PSHE, we believe we can enhance children's education and help them become caring, respectful and confident individuals.