



# PE and Sports Grant

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## **PE and Sports Grant**

The government has provided schools with an additional funding to help with the provision of Physical Education throughout schools.

It is to be used as a way of maximising the impact of PE on our children's lives in Nelson Mandela School.

## **Nelson Mandela Primary School PE and Sports funding Allocation**

Carry forward from 16/17 = £5243.43

Allocation: £15514

**To provide additional swimming provision targeted to pupils not able to meet the swimming requirements of the national curriculum.**

To analyse the swimming skills of children who have previously swam in year 3. To choose target children who would benefit from extra swimming lessons in order to gain valuable life saving skills in years 4 to 6.

To book a swimming slot at Sparkbrook Leisure centre with 2 instructors for 30 minutes in half termly slots.

<b>Swimming</b>	
<b>Cost of Swimming baths and instructors</b>	Allocated £2500
	Expenditure to date £440

**To increase pupils participation in the school games.  
To enter or run more sports competitions.**

At Nelson Mandela School we also have a number of sports clubs such as cricket, football and keep fit club led by our teachers and specialist coaches.

These sports clubs are a great way for our talented children and targeted children such as free school meals, sedentary, overweight and SEND to compete in a competitive manner against other children of similar ability in our cluster. These competitions use the Primary School Games format organised by Hannah Reed our schools SGO.

<b>School games</b>	
<b>Transport</b>	Allocated £2000
	Expenditure to date £240

**Encourage pupils to take on leadership or volunteer roles that support sport and physical activity within the school.**

**To provide staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively.**

**Embed physical activity into the school day through active travel to and from school, active playgrounds and active teaching.**

To continue using playleaders to lead, officiate and organise playground games and activities in our greenzone during playtimes with all year groups. These children will also help with intra school competitions in a variety of year groups throughout the year.

The playleaders will be a mixture of children who participate readily in exercise and children from a change for life club who are targeted by their teachers. This will help increase the number of hours of physical activity the children are doing during their time at school and help to include our target children who fall into the obese and sedentary category.

To continue to 'Run A Mile'. This will involve every child running a mile everyday. The children will be encouraged to run the distance with their class as they build up their fitness levels and stamina.

The coordinator to attend an active literacy and an active maths workshop. These will upskill staff to impact on teaching and learning and to get all children as active as possible during lesson time.

<b>Playground activities</b>	
<b>Equipment for activities during playtimes and lunchtimes.</b>	Allocated £750
	Expenditure to date £506
<b>Active Maths and Active Literacy Course</b>	Allocated £500

**Introduce new sports, dance or other activities to encourage more pupils to take up sport and physical activities.**

**Support and involve the least active children by providing targeted activities, and running or extending school sports clubs.**

To provide the children with a variety of extra curriculum clubs after school provided by professional coaches from West Brom Albion Foundation.

The clubs will run everyday afterschool for 20 children across all year groups. Every child in each year group will have the opportunity to join in with more than 1 club throughout the year. At the end of each half term the club for each year group will change in content and a new 20 children will be offered a place. The clubs will be of a variety of sports such as cricket, football, multiskills and basketball. Teachers will join in with a number of sessions for their own professional development when teaching these areas of sport.

The clubs will feed into both inter school and intra school competitions, by promoting our school games values and giving the children the opportunity to build upon skills in sports that they enjoy or feel they need more practise at.

Parent and child club sessions will be run by the sport coaches. These will encourage parents to not only become active themselves, but to encourage their children to see the important of exercise and the benefits it has on their lives and for the future.

The West Brom Albion Foundation will also provide 2 Year 6 classes and 2 Year 5 classes with diversity workshops focusing on equality and values in sport and engaging the children in understanding the need for an active lifestyle.

Fitness workshops will also be run for Key Stage 1 and 2 in the summer term, promoting keeping active and exciting ways in which the children can include exercise in their everyday lives.

<b>Extra curriculum clubs</b>	
<b>West Brom Albion Foundation</b>	Allocated £4500
	Expenditure to date £2880

## Impact Report – September 2017 – March 2018

- Throughout the year the children were given the opportunity to join a variety of afterschool and lunchtime clubs focusing on raising the levels of exercise the children do both in school and at home. These clubs helped to raise the levels of daily exercise of the children who wouldn't be able to attend a club at weekends due to families not being able to afford it.
- Target children have been given the opportunity to join in with afterschool clubs and these have been run every night after school for all year groups from Reception to Year 6. Each club has the capacity for 20 children making the weekly total of children participating in an after school club 100. 42% of children attend a club every week. When added to our other PE school clubs this is an average of 50% of our children attending a school club during the year. This has enabled all groups of children from free school meals, Pupil premium, Obese, sedentary and gifted and talented to join in with extra physical activity and raise their levels of fitness throughout the year.

- 1 week of parent/clubs have been run by the Albion Foundation and attended by parents from Key stage One and Key Stage Two, encouraging physical activity at home and at school and highlighting the importance and enjoyment of fitness to parents.
- Playleaders have continued to run activities during playtime in the greenzone and these are attended well by each year group. This has added an extra 75 minutes of physical activity to the week, with each year having a 15 minute slot. The children are then using some of the play ideas in the playground when it is not their allocated day.
- The children attended interschool competitions and competed in events against other schools learning the importance of both teamwork and commitment.

- Each class are now running a mile or completing an active challenge on average 5 times a week and are adding an extra 15 minutes to their classes daily activity, making this an extra 75 minutes per week.
- Our school has continued to run keep fit club twice a week in a 20 minute slot, adding an extra 40 minutes of physical activity to the children's weekly total. This club is open to all children in school during early bird time (8:30 and 8:50). The average number of children per session is 70 and is made up from all key stages and both boys and girls attend regularly.

## **Year Six Swimming**

Number of Year Six children who can swim over a distance of at least 5 metres = 30

Number of Year Six children who can swim over a distance of at least 10 metres = 23

Number of Year Six children who can swim over a distance of at least 25 metres = 4

Number of Year Six children who can use a range of strokes effectively = 23

Number of Year Six children who can perform safe self-rescue in different water-based situations = 23. All of these children can self rescue out of a swimming pool and have had discussions during lesson times on water safety.

**provision targeted to pupils not able to meet the swimming requirements of the national curriculum.**

29 Year Six children have been swimming for the Spring Term at Sparkhill Swimming Pool. These children were identified as the less able swimmers from their swimming lessons they have previously had in Key Stage Two.

At the beginning of the term 21 children could submerge in the water. After 11 weeks of swimming 9 children had moved onto swimming with floats on their front for 5 meters confidently. 1 child had moved onto swimming 5 meters with floats on their front and back. 9 children could swim 5 meters unaided. 2 children could swim 10 meters unaided.

6 children began by jumping or running 5 meters across the pool. After 11 weeks of swimming 4 of these children could swim 5 meters with floats on their front and 2 children could swim 10 meters unaided.

At the beginning of the term 1 children could swim 5 meters with a float on their front and has improved this to swimming 10 meters unaided.

1 child began by swimming 5 meters unaided and could swim 25 meters unaided after the 11 weeks.

**Total Spend £10,250**

**Money left to spend £10507.43**

### **Action plan**

Outdoor gym equipment - £7000

Junior Award Scheme For Schools - £1000

After school clubs 18/19 - £2500