PE

At Guilsborough C of E Primary School, we recognise the importance of Physical Education in developing children's aptitude, abilities and preferences, by giving the children the opportunity to:

- Develop competence to excel in a broad range of physical activities
- Be physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives

The whole school follows the Real PE scheme. Real PE focuses on developing the fundamental skills to a high level rather than a sports specific approach. We believe this gives the children the ability to be successful across many sports. Real PE also gives the children the opportunity to continually assess their own strengths and weaknesses and in turn find their own level. This approach produces confident individuals who continually know how to push themselves.

The children also have the opportunity to learn and participate in a range of sports led by Pacesetter Sports coaches such as; basketball, netball, cricket, athletics, gymnastics, multi-skills, rugby, football, tennis and many more.

Guilsborough C of E Primary School are part of the Daventry School Sports Partnership. This gives children the chance to compete against other schools in our region across a wide variety of sports including; cross-country, swimming galas, netball, football and rugby tournaments, athletics and gymnastics festivals and more.