



Help take part in our study about anxiety in children with autism

How can we understand anxiety in children with autism who cannot tell us how they feel? Anxiety is a significant problem for many children and young people, but there is very little research that helps us with children who have little or no language. We need to know more about what anxiety looks like in this group as well as finding out what we can do that helps.

At the Centre for Autism, University of Reading, we are running a focus group study, asking parents and teachers to tell us what they notice when children become anxious. We also want to find out what they do to help. All parents and teachers of children who have autism and who are non-verbal (or have only a few words or phrases) are welcome to take part.

Please email Fiona Knott, Clinical Psychologist, (f.j.knott@reading.ac.uk) for more information.