

Headline:

I am sat in Shakespeare Room writing a newsletter headline about warm weather whilst it is raining outside!!

Now the summer terms have started I want to remind you about our sun protection policy. We have developed this with the help of parents, teachers, pupils and local health professionals and it is based on SunSmart "SMART" cancer prevention programme. This guidance should ensure that we can all enjoy the sun safely over the coming months.

Stay in the shade between 11.00 and 15.00

Make sure we don't burn

Always cover up with suitable clothing and sunglasses

Remember that children burn more easily
Then use Factor 15+ sunscreen

The sun's rays are particularly strong over the summer and they can damage children's skin. This may not seem like a problem right now, but sadly it can lead to skin cancer in later life. Your child's health and well-being are very important to us, which is why we make sure that:

- Children learn about sun protection
- Shade in and around the playground is used
- Pupils are encouraged to wear hats and suitable clothing when outside
- We encourage pupils to use sunscreen
 - our policy is available on request

Your support is very important if our policies are going to work. You can help by:

- Talking to your child about the importance of sun protection at home
- Sending your child to school with a wide brimmed hat, buying a legionnaire style hat or putting long-lasting sun screen on them before school
- Returning the sunscreen permission slip at the bottom of school trip letters

Together I hope we can have a very happy and safe summer, although I fear that the third week in April was actually it for this year.

Mr Carthy

News

Class Assemblies

Parents are invited to join their children for their Class Assemblies. Please allow plenty of time to sign in and take your seat – assemblies will begin promptly at 9am and access to the hall after this is disruptive for the children hosting the assembly. These are the dates for the class assemblies this term:

1F – Wednesday 9th May

Reminders

Year Six Bowling

Please remember to return your form for the Year Six Bowling Trip by Friday 11th May at the latest.

Breakfast and After School Club

If you are interested in sending your child to the club, please ask for details at the school office.

Breakfast Club starts at 07:40 and is £3.50 including breakfast. After School Club starts at 15.30, and children may be booked in for either one or two hours, at a cost of £3.50 per hour. This cost includes a drink, a 'packet' snack and fruit.

PE Kit

A reminder to ensure that your child has the correct PE Kit in school. Children should wear:

Indoors: Polo/T-shirt, shorts and trainers (to wear from the classroom to the hall).

Outdoors: Jumper/hoodie/sweatshirt, jogging bottoms and trainers.

Please make sure that all uniform is clearly labelled with your child's name.

Library Books

Please make sure that your child returns their library books once they have read them. Your child will receive a returns slip for books that have been out on loan for more than

Coming Soon

Bank Holiday
Monday 7th May

Year 6 SATS Week
Week Beginning 14th May

Year 2 SATS Week
Week Beginning 21st May

Tag Day (Film Theme)
Friday 25th May

Last Day of Term 5
Friday 25th May

First Day of Term 6
Tuesday 5th June

Term Dates 2017/18

Term 5
Monday 16th April 2018
Until
Friday 25th May 2018

Term 6
Tuesday 5th June 2018
Until
Wednesday 25th July 2018

Term Dates 2018/2019

Term 1
Tuesday 4th September 2018
Until
Friday 19th October 2018

Term 2
Tuesday 29th October 2018
Until
Tuesday 18th December 2018

Term 3
Thursday 3rd January 2019
Until
Friday 15th February 2019

Term 4
Tuesday 26th February
Until
Friday 5th April



Uniform

A navy blue jumper, sweatshirt or cardigan.
Navy, black or grey trousers, tailored shorts, skirt or dress/navy and white checked dress. A white or blue polo shirt, shirt or blouse. Flat plain black shoes or trainers (no heels or open toes).
www.tesco.com/ues

sixty days. On receipt of this slip, your child should return their book to their class teacher, who will arrange for it to be sent to the library.

Health and Wellbeing

Head Lice

Please check your child's hair regularly. This is a problem in all schools, and we need your help to reduce the re-occurrences.

For more information, please visit:

<https://www.nhs.uk/conditions/head-lice-and-nits/>

In the Community

Sweeps Festival

Don't miss out on this year's Sweeps Festival in Rochester, on the weekend beginning the 5th May. Highlights include Morris dancing, free folk music, art stalls, food and drink and much more!

Giving Blood

Giving blood is a great thing to do when or if possible, but sometimes people are afraid because they don't know about the process!

The NHS has released a guide to ensure that people know what they're getting into, and what's expected of them.

1. When you turn up to an appointment, you need to make sure that you have your completed 'donor health check form,' which makes sure that it is safe for you to give blood.
2. You'll be given a welcome leaflet, and 500ml of fluid to drink, in order to help with your well-being during and after the donation.
3. You will be asked to confirm your identity, and they'll test a drop of blood from your finger, to check iron levels (haemoglobin) in your blood.
4. If you're able to donate, you'll sit in a waiting area until the time arrives.
5. When you're called, you will confirm your identity one more time, and then have your arm examined, and a small cuff will be placed on your arm, to maintain a small amount of pressure during the donation.
6. Once the needle has been inserted, you should feel absolutely no pain or discomfort. A scale weighs the blood, and stops when you have donated 470ml. This usually takes between five and ten minutes.
7. You'll be given some time to rest after the donation, and usually you'll get something to eat and drink.

The NHS says that, "Most people hardly feel a thing, apart from the satisfaction of saving a life."

For more information on how to donate, where to donate, or any other details, please visit www.blood.co.uk

Pat on the Back

The classes with the best attendance for the week beginning the 23rd April 2018 was 1/2S, 2BK and 6C with a brilliant 100%. 1D and FS2M came so close with

99.7% and 99.6% respectively. Well done! 5C had only one late pupil, and 98.3% of pupils arrived on time! Well done to everybody!

Inclusions This Week

- Year Six Swimming Letter
- Year Five Space Letter
- Medieval Flyer (KS1)