

EXMOUTH School Nurse Team

**Sylviane Evans Becky Box Catherine Browning
Amanda Balaam**

**For health advice and referrals please ring
Eastern Public Health Nursing Hub**

Telephone No.0333 234 1903

**There is a School Nurse and Health Visitor on duty
Monday – Friday 9am-5pm**

email: VCL.EasternPHNhub@nhs.net



Your School Nurse Team is here for you.

- Does your health, or worries about your health, get in the way of your learning?
- Need support managing your health or medicines in school?

YOUR SCHOOL NURSE TEAM CAN HELP!



SCHOOL NURSING SERVICE

HAVE YOU GOT QUESTIONS OR CONCERNS ABOUT....

- Managing your medicines? Managing a health condition?
- Healthy food? Exercise? Your Growth?
 - Hearing? Growing up? Vaccinations?
 - Feelings? Bullying?

**You can speak to a School Nurse
and there's more...**



QUESTIONS OR CONCERNS ABOUT....

Staying safe?

Smoking?

Alcohol?

Drugs?

Sexual health?

Relationships?

You can speak to your School Nurse

Our service is confidential - find out more when you meet us

and there's more.....



Moving onto college or work - got any health questions?

You can speak to your School Nurse

**REMEMBER: see your optician and dentist regularly – it's free
until you're 18!**



SCHOOL NURSING SERVICE