



ST TERESA'S CATHOLIC PRIMARY SCHOOL

Live, Love, Learn and Grow in St Teresa's Little Way

PHYSICAL ACTIVITY SAFETY GUIDELINES

CLOTHING AND PERSONAL EFFECTS

1. All children **must** get changed for physical activity.
2. Lace-less pumps or bare foot can **only** be used when using apparatus.
Training shoes **must not** be worn in the hall for **Gymnastics or Dance**.
3. Watches, rings, chains, bracelets and all jewellery **must** be removed before any physical activity.
4. If earrings cannot be removed, for whatever reason, the teacher **must not** remove the earrings and the child **must** not participate in the lesson.
5. Glasses can only be worn if they have shatterproof lenses.
6. All children **must** provide relevant medical equipment at the start of the lesson and place them in the medical resource box.

The above information is taken from the 'BAALPE Safe Practice in Education.' Full document is available from Mr Fairhurst – PE Coordinator