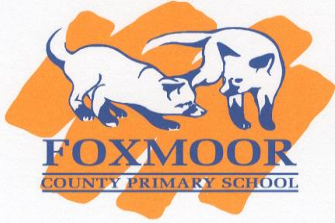


# Foxmoor Flyer



Friday 18<sup>th</sup> May 2018

Newsletter 27

**School & Governor contact**

01453 757251

01453 758190 (Fax)

Facebook @foxmoorprimarieschool

**Family Lives Helpline**

0808 800 2222

[www.familylives.org.uk](http://www.familylives.org.uk)

**Early Help Partnership**

**Families First Plus. Stroud**

01452 328130

[www.glosfamiliesdirectory.org.uk](http://www.glosfamiliesdirectory.org.uk)

**School Nurse Contact**

0300 421 8959

**Early Years & Childcare**

0800 542 02 02

**Glos. County Council**

[www.gloucestershire.gov.uk](http://www.gloucestershire.gov.uk)

**Friends of Foxmoor (FOF)**

Facebook:

friendsoffoxmoorschool

Contact: Natalie Hombrado

01453 757251 (school office)

## Diary

### May

21<sup>st</sup> - 25<sup>th</sup> Week 2 School lunches

22<sup>nd</sup> Stroud Dance Festival

22<sup>nd</sup> & 23<sup>rd</sup> No Fit Club

23<sup>rd</sup> Book Club book sale

25<sup>th</sup> Film Night 6-8pm

**28<sup>th</sup> - 1<sup>st</sup> June Half Term**

4<sup>th</sup> Back to school

4<sup>th</sup> BMX Workshop Years 5 & 6

7<sup>th</sup> New Parents' meeting 6pm

7<sup>th</sup> Transition to Archway meeting

8.45am

## Midday Supervisor Vacancy

We are currently looking for a midday supervisor, details of which are shown overleaf.

Please email Mrs Ravenhill at the address shown if you are interested.

## Fit Club

As previously notified there will be no Fit Club next Tuesday or Wednesday (22<sup>nd</sup> & 23<sup>rd</sup>), please remember this before sending your children in at 8am. Thank you.

## SATs

This has been an extremely busy week with Year 6 doing their nationals SATs and other children throughout the school working in a test situation. They have worked really diligently and have had consideration for each other.

## Stroud Dance Festival

This will take place on Tuesday 22<sup>nd</sup> at 4pm at Stratford Park Leisure Centre. This involves the Dance, Mini Street Dance and Cheerleading Clubs. Children taking part will have received letters giving further information.

## Book Club Sale

Our next book sale will take place on Wednesday of next week so make sure your 50p contributions are up to date so that your children can choose from the full selection of brand new books on offer this term.

## Film Night

A reminder that the Film Night postponed from earlier in the year will take place on Friday 25<sup>th</sup> from 6pm-8pm. This is in aid of Nkokoto organized by Ms Barcham and the Year 6 team captains.

Refreshments will be available on the night and are included in the price of the £2.50 entrance fee for each child payable on the night. Money should be in a named envelope with a contact number please. And don't forget your teddy and cushion if needed.

## Lost Property

We have a green Parka coat in the office – age 8-9 – F&F range. If this belongs to a pupil, please let us know so that we can return it to its owner. Even at this stage in the year it is worth checking that all personal items are marked with children's names in case they are mislaid.



Mind Full, or Mindful?

## A-Z of Mindfulness

Mindfulness is "Paying attention in a particular way, on purpose, in the present moment, without judgement".

Ways to be mindful in nature. It can be easy to rush through life without stopping to notice much. When we become more aware of the present moment, we begin to experience afresh things we have been taking for granted.

## C is for Cloud Gazing

Finding shapes in the clouds is something we all did when we were young this is called 'pareidolia'; seeing patterns in random information.

Take 10 minutes to lie down and gaze at the clouds see what shapes you can spot; a dolphin, dinosaur or dragon perhaps. This is such a peaceful and fun thing to do on your own or with your children. Take a photo of the cloud and see if other people can see what you do.

WARNING!!! Please don't look directly into the sun we don't want to damage your eyes. We would like to feature tips A-Z each week in the Foxmoor Flyer and would love your suggestions. Please send your ideas to Mrs Montague. Next issue will be 'D is for...' It's over to you.