

## Littletown JIN School

This is an active school report card for the group:  
Whole School

Date: 09/05/2018

Congratulations on completing your recent review of physical activity levels in your school. Below are the details of your review as well as the guidance and actions you have decided to work on in order to increase activity levels for the group above in your school

**Inactive:** All, or almost all, of the time is spent sitting down

**Little activity:** Sitting down might be broken up with short bursts of activity. Pupils will spend some working time standing up and moving around the teaching space

**Some activity:** There will be some deliberate, planned movement and physical activity built into the session

**High activity:** There will be significant periods of physical activity that are planned and built into the session for all pupils

### Active School Review

ACTIVITY	TIMINGS	MON	TUE	WED	THU	FRI
Travel	08:00 - 08:50					
Lesson	08:50 - 09:10					
Lesson	09:10 - 10:40					
Break	10:40 - 11:00					
Lesson	11:00 - 12:00					
Lunchtime	12:00 - 13:00					
Lesson	13:00 - 14:00					
Lesson	14:00 - 15:20					
After School	15:20 - 16:30					

### School Guidance

After completing this review we can see how well you are building activity across your school day:

Travel to and from School	Your school appears to be making some progress towards more active travel to school. You could try the following ideas to support your further development:
Active Classrooms	You already try to use physical activity breaks in lessons. Here are some straightforward adaptations you could make to teaching that would build more regular activity into lessons.
Activities at Break Times	You already appear to have a well-planned offer of activities at break times. Here are some suggestions to make your provision even more comprehensive.
Activities at Lunch Times	You already appear to have a busy, well-structured programme of activities at lunch times. Here are some suggestions that might help make your programme even more effective.
Activities After School	You already offer some activities and competitions after school, but you'd like to improve the range and number of pupils benefiting from them. Here are some suggestions.

### Actions

The actions you would like to take are:

- ✓ Consider opportunities and challenges to motivate the school community to travel more actively, whether it be a Small Step, Big Stride or Giant Leap in how pupils make the school journey.
- ✓ You may already provide [Bikeability](#) training in school, but consider providing Scooter proficiency training for pupils too, particularly at Key Stage 1
- ✓ Run 'Bling your Bike' days to encourage pupils to bring their bikes (and scooters) to school. You could even link with your Community Policing to see if they can support

travel action

**Deadline:** 31/07/2018

lesson breaks	<b>Deadline:</b> 31/07/2018
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