

Teaching your child to develop a 'Pincer Grasp'

- Pick up small food items such as cereals, blueberries or raisins.
- Practice putting coins into a money box.
- Post straws or pipe cleaners into your kitchen colander.
- Paint with cotton buds.



Supporting your child to post/release objects

- Drop toys into the bath to make a splash.
- Make a giant animal face out of cardboard and feed the animal food items.
- Tidy up teddies into a large basket/ bag.
- Drop small objects or toys into a noisy tin container - an important skill to learn before tackling more difficult fine motor skills such as puzzles, shape sorters, threading etc.

