



Learn, Aspire, Achieve

Churwell Primary School – SRE Policy

Introduction

At Churwell Primary School we know that as children develop, their bodies and attitudes change. We are committed to the teaching of Sex and Relation Education (SRE) which will be addressed through our PSHE curriculum.

SRE is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of loving and caring relationships. It is about the teaching of sex, sexuality and sexual health. Research demonstrates that good, comprehensive Sex and Relationship Education does not make young people more likely to become sexually active at a younger age.

Partnership with parents/carers

We recognise that sex and relationship education is an important aspect of parental responsibility and much of a pupil's informal sex and relationship education occurs at home.

The school will build on this through establishing a partnership between school and home. This is in conjunction with 5.18 (2) of the Education Act (no 2), 1986.

Parents/Carers will be made aware of the content of SRE lessons and have the right to withdraw their child from some or all SRE lessons but not statutory Science lessons.

In addition, relevant videos/DVDs and teaching materials will be made available for parents/carers to view and discuss with relevant members of staff. SRE should provide an opportunity for parents to talk to their children about the issues involved and about their own attitudes and values.

Aims

- To give knowledge and understanding of sex education, relationships and health issues
- To encourage openness and better communication about sexual matters, relationships and health issues
- To encourage awareness of influences around them, e.g. media and peer pressure
- To encourage sensitivity relating to sex, relationship and health matters
- To foster good self-esteem, self-awareness and to promote pupils' intellectual and emotional development in all areas of SRE

- To develop understanding and skills to make informed and healthy choices
- To enable them to make mature decisions for their present and their future

Teaching SRE

SRE will be taught as an integral part of the general curriculum but will feature specifically in the science and PSHE (Personal, Social Health and Economic Education) curriculums.

In science children build on their knowledge of life cycles and learn about the basic biology of human reproduction, including the birth of a baby in Year 6. They are taught about the physical, emotional and social changes at puberty which includes personal hygiene. This relates to the National Curriculum in the following way:

- From Reception onwards, children learn about relationships. This includes different types of relationships, the skills needed to form relationships and the need to respect other people's emotions and feelings. They will consider how to make simple choices and exercise some basic techniques for resisting pressures.

At Key Stage 2:

- that the life processes common to humans and other animals include nutrition, growth and reproduction
- f) about the main stages of the human life cycle.

In Year 5 children will have specific lessons on body changes at puberty, gender differences, hygiene and emotional changes.

Year 6 children will follow a SRE scheme of work including puberty and the emotional changes this brings about, conception and birth. The lessons will be in mixed sex groups, with opportunity for discussion in single sex groups, with strategies in place for any children whom staff feel need individual sessions.

Year 6 SRE units will be delivered by the School Nurse.

SRE should always focus on the development of skills and attitudes not just the acquisition of knowledge.

The National Healthy School Standard

We participate in the National Healthy School Standard scheme, which promotes health education. AS participants in this scheme we:

- consult with parents and carers on all matters of health education policy;
- train all our teachers to teach about sex and relationships;
- listen to the views of the children in our school regarding sex and relationship education;
- look positively at any local initiatives that support us in providing the best sex and relationship education programme that we can devise.

Confidentiality

Teachers conduct sex and relationship education lessons in a sensitive manner, and in confidence. However, if a child makes a reference to being involved (or seems likely to be involved) in sexual activity, then the teacher will take the reference seriously, and deal with it as a matter of child protection. Teachers will respond in a similar way if a child indicates that they may have been a victim of abuse. They will not try to investigate, but will immediately inform the named person for child protection issues about their concerns. The Headteacher will then deal with the matter in consultation with social service professionals (see also our policy on Child Protection).

Monitoring and review

The curriculum committee of the governing body monitors the impact of our sex and relationship policy on an annual basis. This committee reports its findings and recommendations to the governing body, as necessary, if the policy needs modification. The curriculum committee gives serious consideration to any comments from parents and carers about the sex and relationships education programme, and makes a record of all such comments. Governors require the Headteacher to keep a written record, giving details of the content and delivery of the sex and relationship education programme.

Staff Development

Opportunities will be available to ensure all staff understand and support the rationale and aims of the policy. Training opportunities will be available to those who wish to develop their skills in this area.

Signed: F. Shippam (Vice Chair of Governors)

Date: April 2018

Review: April 2019

Appendix 1

Agreed Vocabulary List

Year 2

- Vagina
- Penis
- Male body parts
- Female body parts

Year 5

- Pubic hair
- Pubic area
- Puberty
- Sex organs
- Breasts
- Period/Menstruation
- Sanitary towel/tampon
- Sperm
- Eggs
- Vagina
- Ovary/ovaries
- Fallopian tube
- Womb
- Penis
- Foreskin
- Testosterone
- Testicles

Year 6

As above and:

- Pubic hair
- Sex organs
- Breasts
- Periods
- Menstruation
- Oestrogen
- Sanitary towel/tampon
- Sperm
- Egg
- Vagina
- Clitoris
- Cervix

- Ovary/ovaries
- Fallopian tube
- Ovum
- Womb
- Penis
- Foreskin
- Testicles
- Ejaculation
- Erection
- Wet dream
- Testosterone
- Puberty
- Conception
- Sexual intercourse
- Pregnancy:
 - Embryo/foetus
 - Umbilical cord
 - Amniotic fluid/sac
 - Cells
 - Contractions
- Birth