

Eagle Class New Leaders in Sustainability Pledges 2018

Self

Izzy - I pledge to adapt to the situation I am in and enjoy the journey as much as reaching the goal.

Grace - I pledge to take 5 minutes every day to allow myself the opportunity to get to know who I really am.

Daniel R - I pledge to give my all in everything I do with the hope of inspiring others to do the same.

Luke - I pledge to push myself and to exercise more control over my emotions.

Lenny - I pledge to overcome any fears I may face by holding onto hope.

Daniel W - I pledge to put myself forward for new experiences and demonstrate a positive attitude towards the challenges that may arise.

Miss Orchin - I pledge to say yes to more things that scare me.

Mr Cadman – I pledge to learn a little bit of French each week because I know I enjoy learning languages and it keeps my brain active and growing.

Joe – I pledge that I will physically, mentally, emotionally and spiritually persevere when times get tough because even though quitting is always the easiest option, I want to keep going.

Aaron – I pledge to be kinder to others because when others are happy, I am happy too. I will say one nice thing to someone each day.

Leo – I pledge to always try things first before deciding whether or not I can do it.

Mrs Glands – I pledge to take time every day to be still and appreciate my blessings.

Lucy – I pledge to plan ahead more, to think about what's to come and to prepare for it. However, I know I could get caught up in all this and forget about the present so as well as preparing I want to make good decisions that allow me to live in the moment and appreciate what I have.

Jemima – I pledge to challenge myself mentally and physically and to try new things every day to keep me active and well.

Katy – I pledge to have a growth mind-set so I am always ready to learn and have fun.

James - I pledge to be a good friend and to give 100% at all times.

Hannah - I pledge to be more thankful for what I have.

Isabella - I pledge to remain positive in every situation.

Anya - I pledge to be positive in all situations and control my anger when I get annoyed.

Charlie - I pledge to be a good listener.

Andrew - I pledge to give 100% in all I do.

Mrs Goodhugh – I promise to give myself more time.

Maeve - I pledge to make good choices through my mind and actions and to always do things for better, not worse. I will not harm my surroundings. I will walk or cycle, not litter and try my best to eat organic, local and free-range food.

Talal - I pledge to walk and cycle more and care for the environment. I also pledge to be grateful for the things I have and not take it all for granted.

William - I pledge to exercise to be fit, to travel more places and to create less pollution. I also pledge to help more around the house by doing more chores.

Chloe - When I go home, I pledge to be more grown up and to make more contributions within my family.

Eliza - I pledge to challenge myself mentally and physically by not giving up when I try new things.

Aidan - I pledge to be in harmony with other people. I will live a good, healthy life by making good decisions, doing the things I love and remembering the meanings of the harmony principles.

Mrs Brewis - I pledge to go running at least twice a week to enhance my level of fitness.

Nancy - I pledge to challenge myself and be prepared for new adventures.

Annie - I pledge to trust myself and believe in my capabilities in order to reach my potential even though it may be challenging.

James G - I pledge to push myself in all situations in order to achieve my personal best.

Darcey - I pledge to understand when I need to put myself first for my personal well-being.

Anthony - I pledge to persevere in challenging situations.

Team

Izzy - I pledge to understand each team member's limitations to be aware of how I can support each individual to achieve their personal goals.

Grace - I pledge to stay behind for other people so they don't feel lonely.

Daniel R - I pledge to keep team morale high by remaining positive in the most challenging situations.

Luke - I pledge to make today good but tomorrow better for my team.

Lenny - I pledge to make my team feel supported no matter how hard the situation is.

Miss Orchin - I pledge to be more aware that even the most confident of team members need to rely on other people sometimes and do all that I can to be a support.

Daniel W - I pledge that when I am in a team, I will bring a sense of positivity to those who need it.

Mr Cadman - I pledge to ask my teammates how they are feeling more often and to let them know they are valued.

Joe - I pledge to adapt to my teammates, trying to put myself in their shoes and understand their needs and wants.

Jemima - I pledge to consider others when they find things tricky and work well with the people around me.

Lucy - I pledge to be aware of others and my surroundings in order to help others and focus on important safety during teamwork.

Katy - I pledge to be supportive and aware of how my teammates feel. I will do this so nobody feels pressured to do something they don't want to do.

Aaron - I pledge to always encourage others and help them when they need it.

Leo - I pledge to communicate, listen and respect others' opinions and strengths.

Mrs Glands – I pledge to always seek others’ points of view when dealing with my peers to facilitate more effective communication, understand others’ motivation and strive for a collaborative approach to conflict situations.

James M - I pledge that I will listen to other people’s ideas and to compromise when necessary.

Hannah - I pledge to communicate with and listen to my team

Isabella - I pledge to value the opinions of every member of my team.

Anya - I pledge to support my teammates in whatever way I can.

Charlie - I pledge to put my team’s needs before my own needs.

Andrew - I pledge to learn to accept that other members’ of my team but have strengths that I do not.

Mrs Goodhugh – I pledge to give family more time (give work less time!)

Maeve, Talal, William, Mrs Brewis, Chloe, Eliza, Mrs Brewis, Aidan - We pledge to stay positive by being optimistic and encouraging, as well as supporting others even at the most difficult times. We promise to share the importance of this message with others, whether it’s in school or in our community or clubs we are members of. Through these pledges, we will become new leaders in sustainability.

James G- I pledge to be aware of when I need to be selfish and selfless with my team.

Nancy- I pledge to listen to my team and ensure that no one feels like they are excluded and that their ideas are listened to.

Annie- I pledge to listen and value my team mates opinions and compromise when necessary.

Anthony- I pledge to communicate effectively with my team and encourage them when they are struggling.

Darcey- I pledge take on board my team mates ideas and not just my own.

World

Izzy - I pledge to use the waste my family makes (like plastic bottles) to make models I can sell and use the money I earn to grow/buy organic food.

Grace - I pledge to not waste as much food to ensure that the cycle is not broken.

Daniel R- I pledge to stop and reflect on my activities from the day and if it effects the world negatively I will consider how I can make it right going forward.

Luke - I pledge to avoid any materials that take a long time to decompose e.g. plastic bottles.

Miss Orchin - I pledge to only get a coffee from a coffee shop if I have a reusable cup. If I have not, I can do without.

Lenny - I pledge to turn off any light or tap not being used.

Daniel W - I pledge to cycle to my new school every day and I pledge to reduce the amount of food waste I produce at school and at home.

Mr Cadman – I promise to make the importance of living in harmony with our world something everyone understands at my new school.

Leo – I pledge to encourage friends, family and other people to use less energy and use more sustainable travel.

Katy – I pledge to reduce the energy I use by walking and cycling whenever possible and encourage others to reduce their carbon footprint.

Aaron – I pledge I will not use electricity when unneeded and also not use transport that harms the environment when I can walk or cycle.

Joe – I pledge to try to not waste food by having an empty plate, using leftovers to create different meals and encourage family members to do this too.

Jemima – I pledge to turn off energy when not needed at home and at school and also walk or cycle to school to minimise air pollution.

Lucy – I pledge to have as little waste as possible. I will create ways to ensure waste at home and at school is dealt with correctly. I will share this message so everyone can make a difference.

Mrs Glands – I pledge to recycle more, look for recyclable packaging on goods, seek alternatives, therefore using less energy and reducing landfill.

James M - I pledge to use less energy by not leaving devices on charge overnight.

Hannah - I pledge to recycle more and tell my family what little things we can do to save the world.

Isabella - I pledge to cycle to my new school at least twice a week.

Anya - I pledge to turn off any lights that aren't being used at school and at home and encourage others to do the same.

Charlie - I pledge to not buy chewing gum as it takes a long time to break down.

Andrew - I pledge to take public transport every day to my new school.

Mrs Goodhugh – I pledge to grow more veg and live a simpler life.

Maeve – I pledge to try and cycle to my new school at least once a week to try and reduce my carbon footprint.

Talal - I pledge that I will use less energy by switching lights off more often and I will not use unnecessary electronic devices too much.

William - I pledge to try new organic foods and even if I don't like them. I pledge to try to cycle to school to create less air pollution.

Chloe - I pledge to encourage my family to buy organic food more often than not. When I go to the market, I will walk (not drive) to prevent pollution.

Eliza - I pledge to encourage my family to only use the car when they have to.

Aidan - I pledge that I will preserve energy by remembering to turn all lights off and I will encourage the rest of my family to do so too.

Mrs Brewis - I pledge to monitor the amount of energy my family and I use. I will endeavour to reduce our energy usage to help the environment.

Annie- I pledge to use sustainable methods of transport and only use a car when absolutely necessary.

Nancy- I pledge to always listen to the mountains and when I am back in England I pledge to listen to the trees too.

Darcey- I pledge that I will become more aware of the origin of my food and eat organic wherever possible.

James G- I pledge to be more sustainable and to only turn lights on when necessary.

Anthony- I pledge to refrain from using plastic wherever possible to prevent further pollution to our wonderful world.