

## Todmorden CE J, I & N School

### Week 2 From July 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken and red pepper curry & brown rice	Ham and pineapple pizza, chips, sweetcorn & beans	Roast turkey, mashed potatoes, carrots, cauliflower & gravy	Spaghetti Bolognese and garlic bread	Chicken & sweetcorn pie, herby diced potatoes & peas
Jacket Potato with cheese or veggie chilli & salad	Pizza margherita, chips, sweetcorn & beans	Tuna and sweetcorn pasta with baked ciabatta	Quorn sausage, mash, sweetcorn & gravy	Cheese spread, egg and tuna open sandwiches & salad
Jam sponge with custard	Marbled chocolate cake	Rice pudding with strawberry jam	Cherry crumble & custard	Vanilla ice cream cone
Strawberry yogurt with summer fruits	Fresh fruit salad	Blackcurrant jelly pots	Cheese, biscuits & grapes	Watermelon wedges
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk or Water	Milk or Water	Milk or Water	Milk or Water	Milk or Water

<p style="text-align: center; color: green;">Healthier choice</p> <p style="text-align: center; color: blue;">Meal choice which is higher in fat</p> <p style="text-align: center; color: magenta;">Pudding which is higher in sugar</p> <p style="text-align: center;">Vegetarian and Halal meals daily</p>	<p style="text-align: center;">All meals are freshly prepared on the premises.</p> <p style="text-align: center;">Water and milk is served daily</p> <p style="text-align: center;">Every meal is served with fresh vegetables.</p> <p style="text-align: center;">Dietary Requirements catered for.</p>	<p style="text-align: center;">All children are encouraged to make healthy choices.</p> <p style="text-align: center;">Our puddings now have 25% less sugar and use more fruit.</p>
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