



Knavesmire Primary School
PSHCE Policy
(including Assemblies/Collective Worship)

PSHCE (Personal, Social, Health and Citizenship Education) is a school subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepare for life and work in modern Britain. Evidence shows that well-delivered PSHCE programmes have an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged.

At Knavesmire we strongly believe that PSHCE should be taught consistently throughout our daily practice. We are all mindful of developing skills and attributes such as resilience, self-esteem, risk-management, team-working and critical thinking through our broad and balanced creative curriculum. We additionally recognise that a discreet programme of study is necessary to further develop the knowledge, skills and attributes pupils need to manage many of the critical opportunities, challenges and responsibilities that they will face as they grow up and in adulthood.

We teach pupils to stay safe and healthy, and by building self-esteem, resilience and empathy, our effective PSHE programme can help to tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged pupils.

Our PSHE programme:

We use a range of resources to follow an annual set of 'themes based upon the archived Primary National Strategy's Social and Emotional Aspects of Learning (SEAL) materials. We have renamed the themes after discussion with staff and a Pupil Action group about the content within each half term as follows:

Term covered	Theme titles:
Autumn term:	Beginnings, Friendships and Say no to Bullying*
Spring term:	Aiming High and Marvellous me
Summer term:	Feelings and Changes

*This theme is to be taught at the same time as National Anti-bullying week, usually held in November. We follow the theme that is annually set by The Anti Bullying Alliance. Information can be found at: <http://www.anti-bullyingalliance.org.uk/anti-bullying-week/>

Due to the broad and balanced creative nature of our curriculum, year groups decide how to deliver their PSHCE sessions in the most personable way for their classes. Progression of coverage and skills develops naturally through the year groups as children make their way through school and cover the same themes at different ages. The materials designed by The PSHE Association and the archived SEAL materials are used predominantly but any other resources to enrich teaching and learning is encouraged.

PSHE Association themes:

All teachers have a detailed copy of the relevant programme of study for their year group from The PSHE Association but a summary of its content is as follows:

Health & Wellbeing:	Healthy Lifestyles, Keeping Safe, Growing & Changing
Relationships:	Healthy relationships, Feelings & Emotions, Valuing difference
Living in the wider world:	Rights & responsibilities, Taking care of the environment, Money matters, My Community, What is democracy?

In addition to these key resources, we continue to develop 'Knavesmire's Character' and all of its values. These include the **British Values** of democracy, mutual respect, the rule of law and individual liberty.

All classes contribute to a whole school display each half term in the hall with evidence of what they have been up to during PSHCE sessions.

Timetable of PSHCE:

At Knavesmire we strongly believe that PSHCE should be taught consistently throughout our daily practice. Our specific sessions however are delivered as follows in addition to other PSHCE lessons determined by class teachers:

Monday	Whole school collective worship assembly led by Head/Deputy
Tuesday	KS1 'in class' collective worship assemblies; KS2 collective worship assembly led by Jane Woolgar
Wednesday	Whole school to deliver 'in class' collective worship assemblies
Thursday	KS2 'in class' collective worship assemblies; KS1 collective worship assembly led by Jane Woolgar
Friday	Whole school collective worship assembly led by Head/Deputy

Sex and relationships education

Sex and relationships education (SRE) is not compulsory but when taught in school, due regard is given to the SRE Guidance (2000.) Upper key stage 2 receive specific lessons led by the school nurse. Parents have the right to withdraw their children from all or part of SRE (excluding withdrawal from learning about reproduction and human development within national curriculum science).