

Sensory Garden

To experience the great outdoors by encouraging your child to explore, touch, taste and smell.

Practice at home

- For your child to respond to sensory stimulation
- For your child to show their likes /dislikes
- Encourage your child to made a choice

Activities to do at home

Show your child different flowers, plants and herbs and allow your child to look, touch and smell them.

Consider sounds around you i.e. birds singing, water trickling, dripping and splashing.

Move your hands or use materials near your child's face to experience the sensation of wind, or comment on the wind around you.

