



St Luke's C.E. Primary School

PSHE Policy

Langport Avenue

Longsight

Manchester

M12 4NG

St Luke's Primary School is committed to safeguarding and promoting the welfare of all children and as a school we expect all staff and volunteers to share this commitment also.

PSHE POLICY

The Importance of PSHE at St Lukes's Primary School

Our personal, social and health education (PSHE) programme promotes children's personal, social and economic development, as well as their health and wellbeing. It is detrimental; to help and give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives within the community and to become informed, and active, responsible citizens.

At our School the wellbeing, happiness and safety are our first priority and PSHE is the key through which we share this with our children. We regard PSHE as an important, integral component of the whole curriculum and it is essential in our approach and at the core of our ethos.

Our PSHE curriculum is broad and balanced, ensuring that it:

Promotes the spiritual, moral, cultural, mental and physical development of our children.

Prepares our children for the opportunities, responsibilities and experiences they already face and for their adult life;

Provides information about keeping healthy, safe, emotionally and physically;

Encourages our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

Aims

For children to:

Health & Wellbeing

- ☑ Know and understand what constitutes a healthy lifestyle.
- ☑ Know how to maintain physical, mental and emotional health and wellbeing.
- ☑ Be aware of safety issues, including how to respond in an emergency.
- ☑ Know how to manage change, including puberty, transition and loss.

Relationships

- ☑ Develop and maintain a variety of healthy relationships within a range of social and cultural contexts.
- ☑ Know how to recognise and manage emotions within a range of relationships.
- ☑ know how to recognise risky or negative relationships, including all forms of bullying abuse, and ask for help.
- ☑ Know how to respect equality and diversity in relationships.

Living in the Wider World

- ☑ Know the importance of responsible behaviours and actions.
- ☑ Be responsible and independent members of the school community.
- ☑ Be positive and active members of a democratic society.
- ☑ Know about the importance of respecting and protecting the environment.
- ☑ Develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- ☑ Develop good relationships with other members of the school and the wider community.

- ☑ Know about where money comes from, keeping it safe and the importance of managing it effectively.
- ☑ Have a basic understanding of enterprise.

Organisation / Provision

PSHE is delivered within a whole school approach which includes:

- ☑ Dedicated curriculum time
- ☑ Teaching PSHE through and in other subjects/curriculum areas
- ☑ Circle Time
- ☑ Specialised assemblies
- ☑ PSHE activities and school events e.g. Friends Days
- ☑ Pastoral care and guidance
- ☑ Visiting speakers

As a school we use a combination of the National Curriculum and Seal which are explicit, structured, whole-curriculum frameworks and resources for teaching social, emotional and behavioural skills to children, to aid our delivery of PHSE. The frameworks have been adapted by staff so that there is progression throughout the school.

Year 1 Aims – Working well together

- Other people are special too
- Caring for myself
- Caring for others
- Keeping Safe
- Looking forward

Year 2 Aims - Who is in charge

- celebrating and recognising differences
- My body is important
- Changing Friendship
- Taking Charge
- Looking Forward

Year 3 Aims – Settling in

- Focus on Feelings
- Making Friends
- Feeling Safe in School
- In someone else's shoes
- People and their work

Year 4 Aims - Feeling good

- Keeping healthy
- Changes in Families
- Up's and down's in relationships
- Keeping Safe outside School
- Looking ahead

Year 5 Aims – Who decides

- Risks and pressures
- We are all different
- It's my body
- Be involves in my community
- Looking at the world

Year 6 Aims –Managing Conflict

- The world of work
- Taking responsibility for my own safety
- changing relationships
- Rights responsibility and the law
- Transition and managing change

Relationships at St Luke's Primary School

Relationships at our school are based on an atmosphere of trust and respect for everyone.

Our School Motto is '**We are a school of United Nations**' Children are encouraged to develop good relationships with their peers and all staff and to take responsibility for their own behaviour. All staff provide excellent role models for children and work hard to promote a safe and happy environment.

The children have an active School Council where children from each class are elected to represent their class's views.

Assessment and Recording

Children are informally assessed by staff throughout their work and the reports given to parents will reflect this. Recording of work will be in books, poster, photographs, class work and used in as many ways as possible. The very nature of PSHE means that careful consideration should be given to the best means of recording. Written work may not always be appropriate and staff will use their professional judgment in this.

(PSHE Subject Lead)

Carina Fawcett- Foster

Document Control	
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