



Wristband School Menu

Weekly Menu 3

17th September, 15th October, 19th November & 17th December, 2018

Dish	Day 1	Day 2	Day 3	Day 4	Day 5
Red Choice	Beef & Mushroom with a Suet Crust Creamed Potatoes Diced Carrots Broccoli	Breaded Chicken Breast Steak Baked Potato Wedges Sweetcorn Spaghetti Hoops	Turkey Burger in a Bun Oven Roasted Potatoes Garden Peas Baked Beans	Lasagne Homemade Garlic Bread Mixed Vegetables Green Beans	Tempura Battered Fish Fillet Oven Baked Chips Garden Peas Baked Beans
Blue Choice	Diced Quorn with a Suet Crust (V)		Quorn Burger Bun (V)	Baked Quorn Sausages In Rich Onion Gravy (V)	
Green Choice	Pork & Carrot Meatballs in a Tomato Sauce Spaghetti Diced Carrots/Broccoli	Baked Jacket Potato filled with:- Tuna, Cheese (V) or Baked Beans (V)	Salmon & Sweet Potato Fishcake Oven Roasted Potatoes Garden Peas/Baked Beans	Baked Sausages in Rich onion Gravy Creamed Potatoes Mixed Vegetables Green Beans	Homemade Cheese Pasty (V) Oven Baked Chips Garden Peas/Baked Beans
Cold Selection	Tuna Sandwich Baked Jacket Potato	Egg Mayonnaise Wrap (V) Baked Potato Wedges	Cheese Sandwich (V) Oven Roasted Potatoes	Tuna Sandwich Oven Jacket Potatoes	Cheese Wrap (V) Oven Baked Chips
Desserts	Creamy Rice Pudding with Jam Sauce Cold Bar Fresh Fruit Kebab	Ginger Sponge with Custard Sauce Cold Bar Melon Boats	Syrup Roly Poly with Custard Sauce Cold Bar Fresh Fruit Bowl	Chocolate Orange Sponge with Custard Sauce Cold Bar Fresh Fruit Salad	Jam Sponge with Custard Sauce Cold Bar Fresh Fruit Platter



For allergen information please ask a member of the Catering Team

Salad bar available daily

Fresh juice, milk & water served daily

Daily additional choice: Homemade biscuit & yoghurt