

MENU Autumn Term 2018



We would appreciate if bookings can be made online via Parent Pay, the menu will appear online during the Summer Holidays . Do not complete this menu if you book online.

This menu is repeated every 4 weeks throughout Autumn Term 2018 using the menu choices you have selected below.

Menus will come out **once** at the beginning of each new term for you to make your choices by ticking either the **Red** or **Green** option.

Please contact the office for a Parent Pay login, or for help with Parent Pay. Meals are £2.30 a day, £11.50 a week and £46 for 4 weeks. If you would like to cancel your meal bookings at any time, please advise the office.

Child's Name : Class: Date:

I pay for my Child's Meals (£2.30 per day/£11.50 per week)

My child has FSM/UIFSM

Week 1 Autumn Term 2018 For Weeks Beginning: Tues 4th Sept/ Mon 10th Oct/ Mon 5th Nov / Mon 3rd Dec

Monday	Tuesday	Wednesday	Thursday	Friday	Available Every Day
Battered chicken, tagliatelle & sweet & sour sauce <input type="checkbox"/>	Hot dog, potato wedges & baked beans <input type="checkbox"/>	Roast beef & potatoes, yorkshire pudding, carrots, green beans (chicken nursery) <input type="checkbox"/>	Tuna pasta bake & salad <input type="checkbox"/>	Battered fish, smiley faces, baked beans or peas <input type="checkbox"/>	Brown/White Bread, Fresh Fruit/Fruit Salad, Milk/Water
Vegetable sausage wrap & salad <input type="checkbox"/>	Quorn nuggets, wedges & baked beans <input type="checkbox"/>	Vegetable sausage toad in the hole, roast potatoes & veg <input type="checkbox"/>	Vegetable & quorn curry & rice <input type="checkbox"/>	Cheese omelette, smiley faces, baked beans & peas <input type="checkbox"/>	
Fruit yoghurt	Carrot cake & custard	Ice cream pot	Blueberry muffin	Chocolate & date slice	



Week 2 Autumn Term 2018 For Weeks Beginning: Mon 10th Sept/ Mon 8th Oct/ Mon 12th Nov/ Mon 10th Dec

Monday	Tuesday	Wednesday	Thursday	Friday	Available Every Day
Mild chicken curry, rice & naan bread <input type="checkbox"/>	Mince beef & onion cobbler, mashed potato & green beans <input type="checkbox"/>	Roast turkey, roast potatoes, pig in blanket, carrots & broccoli <input type="checkbox"/>	Beef burger in a bun & tomato sauce <input type="checkbox"/>	Breaded fish cake, smiley faces, baked beans or sweet corn <input type="checkbox"/>	Brown/White Bread, Fresh Fruit/Fruit Salad, Milk/Water
Jacket potato with cheese / baked beans <input type="checkbox"/>	Cheese & tomato pizza & salad <input type="checkbox"/>	Quorn slice, roast potatoes, carrots & broccoli <input type="checkbox"/>	Vegetable lasagne & salad <input type="checkbox"/>	Cheese pasta bake & sweet corn <input type="checkbox"/>	
Apple flapjack & custard	Chocolate angel delight	Fruit ice lolly	Fruit jelly	Shortbread biscuit	




Parques MENU Autumn Term 2018

food for thought


INSET DAYS/AND TRIP DAYS: If the menu cycle includes an inset day meals will not be booked. If your child has a school trip organised during the Term, the school will automatically remove any meals booked.

Allergies/Intolerances/Dietary Requirements: If your child has an allergy/intolerance or a dietary requirement please advise below. If both meal options contain something your child is allergic or intolerant to they will be given a blue band for school meals. Where possible an alternative will be provided as close to one of the food options as possible. **A full list of allergen's can be found at www.wardenparkprimary.co.uk/school-meals.** To order a special allergy meal write **BLUE** next to the tick box on the appropriate day.

Week 3 Autumn Term 2018 For Weeks Beginning: Mon 17th Sept/ Mon 15th Oct / Mon 17th Dec

Monday	Tuesday	Wednesday	Thursday	Friday	Available Every Day
Chicken goujon wrap, salsa & salad <input type="checkbox"/>	Pepperoni pizza, wedges & baked beans <input type="checkbox"/>	Roast gammon, yorkshire pudding, roast potatoes, carrots & cauliflower <input type="checkbox"/>	Spaghetti bolognese & garlic bread slice <input type="checkbox"/>	Battered fish, smiley faces, peas or baked beans <input type="checkbox"/>	Brown/White Bread, Fresh Fruit/Fruit Salad, Milk/Water
Macaroni cheese & salad <input type="checkbox"/>	Stuffed pepper with vegetable couscous & salad <input type="checkbox"/>	Quorn slice, yorkshire pudding, roast potatoes, carrots & cauliflower <input type="checkbox"/>	Jacket potato with cheese or tuna mayo & salad <input type="checkbox"/>	Vegetable sausage hot dog <input type="checkbox"/>	
Fruit yoghurt	Meringue, peaches & cream	Ice cream pot	Chocolate muffin	Chocolate Rice Krispie cake	

Week 4 Autumn Term 2018 For Weeks Beginning: Mon 24th Sept/ Mon 29th Oct / Mon 26th Nov (INSET DAY FRI 30TH NOV)

Monday	Tuesday	Wednesday	Thursday	Friday	Available Every Day
Pork sausage, mashed potato & peas <input type="checkbox"/>	Fish fingers, potato wedges, baked beans & sweet corn <input type="checkbox"/>	Roast pork & stuffing, roast potatoes, carrots & peas <input type="checkbox"/>	Chicken & bacon pasta bake with a crispy topping & salad <input type="checkbox"/>	Fish cake, smiley faces, sweet corn or spaghetti hoops <input type="checkbox"/>	Brown/White Bread, Fresh Fruit/Fruit Salad, Milk/Water
Vegetable cottage pie & peas <input type="checkbox"/>	Savoury vegetable & quorn rice <input type="checkbox"/>	Cheese & tomato pasta bake & veg <input type="checkbox"/>	Vegetable burger in a bun & tomato sauce <input type="checkbox"/>	Vegetable & tomato pasta bake topped with mozzarella <input type="checkbox"/>	
Strawberry angel delight	Syrup sponge & custard	Fruit ice lolly	Strawberry cheesecake	Chocolate sponge & chocolate sauce	