

NORTH FERRIBY PRIMARY SCHOOL - MENU (Autumn/Winter 2018-2019)

	Week commencing	Monday	Tuesday	Wednesday	Thursday	Friday
M E N U 1	3 September	<ul style="list-style-type: none"> •Chicken Pasta Bake Potato Wedges Sweetcorn Winter Salad • Chocolate Cookie & Milkshake or Fresh Fruit/Yoghurt 	<ul style="list-style-type: none"> •Braised Steak Yorkshire Pudding Mashed Potato Baby Carrots Cauliflower •Fruit Muffin or Fresh Fruit/Yoghurt 	<ul style="list-style-type: none"> •Roast Pork Loin Sage & onion Stuffing Oven Roast Potatoes Broccoli Carrots •Strawberry Mousse or Fresh Fruit/Yoghurt 	<ul style="list-style-type: none"> • Chicken Curry Naan Bread Steamed Rice Mixed Vegetables •Madeline Sponge & Custard or Fresh Fruit/Yoghurt 	<ul style="list-style-type: none"> •Fillet of Fish Steak Fries Garden Peas Baked Beans •Apple Crumble & Ice Cream or Fresh Fruit/Yoghurt
	24 September					
	15 October					
	12 November					
	03 December					
07 January						
28 January						
M E N U 2	10 September	<ul style="list-style-type: none"> •Pepperoni Pizza Potato Wedges Garden Peas Baked Beans • Marble Sponge & Custard or Fresh Fruit/ Yoghurt 	<ul style="list-style-type: none"> •Spaghetti Bolognaise Crusty Bread Winter Salad •Chocolate Krispie Slice or Fresh Fruit/ Yoghurt 	<ul style="list-style-type: none"> • Roast Ham Yorkshire Pudding Mashed Potatoes Cauliflower Garden Peas • Ice Cream & Fruit Platter or Yoghurt 	<ul style="list-style-type: none"> •Chicken Wrap Steamed Rice Baby Carrots Sweetcorn • Orange Shortcake & Custard or Fresh Fruit/ Yoghurt 	<ul style="list-style-type: none"> Fishcake Steak Fries Garden Peas Sweetcorn • Apple flapjack & Ice Cream or Fresh Fruit/ Yoghurt
	01 October					
	22 October					
	19 November					
	10 December					
14 January						
04 February						
M E N U 3	17 September	<ul style="list-style-type: none"> •Italian Style Chicken Steamed Rice Cauliflower & Broccoli Medley • Syrup Sponge & Custard or Fresh Fruit/ Yoghurt 	<ul style="list-style-type: none"> •Sausage & Yorkshire Pudding Mashed Potato Green Beans Sweetcorn • Chocolate Mousse & Mandarins or Fresh Fruit/ Yoghurt 	<ul style="list-style-type: none"> •Roast Turkey Sage & Onion Stuffing Mashed Potatoes Peas Carrots • Oaty Biscuit & Milkshake or Fresh Fruit/ Yoghurt 	<ul style="list-style-type: none"> • Bolognaise Pasta Bake Crusty Bread Mixed Vegetables • Eves Pudding & Custard or Fresh Fruit/ Yoghurt 	<ul style="list-style-type: none"> Fish Fingers Steak Fries Garden Peas Sweetcorn • Chocolate Crunch & Pink Custard or Fresh Fruit/ Yoghurt
	08 October					
	05 November					
	26 November					
	17 December					
21 January						
11 February						

Please note: Any vegetarian requests are dealt with on a daily basis with our cook. She will let your child know the vegetarian option available that day.

- Full allergen information is available and special dietary requirements can be catered for, please contact your school for details. It may be necessary to change the menu without prior notice.
- Please note: - Individual schools may offer an alternative choice to the meal options above. Please contact your school for details
- • Denotes dishes made in the kitchen