

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. www.brighton-hove.gov.uk/schoolmeals

Brighton & Hove Menu Autumn 2018



m		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 03-Sep 24-Sep 15-Oct 12-Nov 03-Dec 31-Dec 21-Jan 11-Feb 11-Mar	Main	Macaroni Cheese	Beef Burger in a Bun with Oven Baked Wedges	Roast Free Range Pork or Chicken with Roast Potatoes and Gravy	Lemon Turkey stuffed Pitta Pouch with Pasta Salad	MSC Fish fingers with Chips and homemade Tomato Sauce
	Vegetarian	Red Pepper and Potato Whirl with New Potatoes	Vegetable & 5 Bean Chilli with 50:50 Rice	Quorn Roast with Roast Potatoes and Gravy	Quorn Sausages with Mashed Potato & Gravy	Potato and Courgette Layer Bake with Chips
	Jacket Potato	Egg Mayonnaise Sweetcorn Broccoli	Baked Beans Carrots Sweetcorn	Tuna Peas Swede Mash	Cheesy Coleslaw Carrot & Cucumber Batons	Hummus Baked Beans Garden Peas
	Dessert	Fruity Flapjack	Chocolate and Beetroot Brownie	Cheese and Crackers with Sliced Apple	Fair Trade Banana Loaf with Custard	Oaty Cookie & Fruity Friday
	Main	Sausages with Mashed Potatoes and Gravy	Chicken & Sweetcorn Pie with a Puff Pastry lid and New Potatoes	Roast Turkey with Roast Potatoes and Gravy	Beef Spaghetti Bolognaise	MSC Breaded Fish with Chips and homemade Tomato Sauce
	Vegetarian	Soya Mince Pasta Bolognaise	Cheese & Tomato Pizza	Vegetable & Lentil Loaf with Roast Potatoes and Gravy	Quorn Burger in a Bap with homemade Tomato Sauce and Jacket Wedges	Cheese & Tomato Frittata with Chips
	Jacket Potato	Tuna Baked Beans Sweetcorn	Baked Beans Broccoli Cucumber Batons	Hummus Carrots Cabbage	Grated Cheese & Carrot Mix Sweetcorn Roasted Vegetables	Egg Mayonnaise Grated Carrot Garden Peas
Dessert	Apple and Strawberry Strudel	Orange Sponge	Pear and Ginger Traybake	Lemon Cake with Strawberries	Fruit Compote and ice cream	
Week 3 17-Sep 08-Oct 05-Nov 26-Nov 17-Dec 14-Jan 04-Feb 04-Mar	Main	Margherita Pizza Wedge	Chicken Tikka with 50:50 Rice	Roast Beef or Chicken with Roast Potatoes and Gravy	Sausage Plait and Mashed Potato	MSC Salmon Fish Fingers with Chips and homemade Tomato Sauce
	Vegetarian	Lentil & Sweet Potato Curry with 50:50 rice	Macaroni Cheese	Vegetarian Wellington with Roast Potatoes and Gravy	Vegetarian Tortilla Stack with Oven baked Wedges	Glamorgan Bean and Leek Sausages with Chips
	Jacket Potato	Hummus Carrot Peas	Egg Mayonnaise Sweetcorn Green Beans	Tuna and Sweetcorn Cabbage Carrots	Baked Beans Broccoli Sweetcorn	Cheese Coleslaw Baked Beans Garden Peas
	Dessert	Toffee Apple Crumble with Custard	Carrot & Sultana Cake	Yoghurt and Fruit Station	Chocolate & Mandarin Sponge	Fruity Shortbread



Available Daily
 Bread freshly baked on site daily
 Salad selection
 Dessert alternative of Fresh fruit or organic yoghurt