

Communication & Language

Video- What happens when I fall asleep- planets

Listen to Lullabies on a CD talk about why they are used at bedtime

Read 'How to catch a star,' discuss the important objects in the story, why are they important?

Read 'What's that noise little mouse?' discuss the noises mouse heard

Look at different rhymes spot the rhyming words

Talk about their news

Following instructions

Who works when I'm asleep- Talk about the people who work at night?

Explore bedtime routines

Nocturnal Animals- talk about animals that come out at night

Discuss what we have learnt in the topic

Talk about the importance of rest and sleep

What happens when I fall asleep?/ Christmas

Personal, Social & Emotional Development

Team Games

Making Friends- being kind to each other

Following instructions/following rules

Read 'Owl Babies' talk about feelings in the story

Small World Play creating twilight scenarios- nocturnal animals, emergency vehicles, toy cars, people

Sharing toys

Following rules

Mathematics

Abacus maths- matching/pattern number recognition, Making/comparing amounts

Size- longer, shorter, large, small

Number games

Everyday Maths- dinner numbers, number of children at school, snack time how many fruit?

Expressive Arts & Design

Music- exploring rhythm/pulse/introducing instruments/exploring different sounds

Clapping the rhythm of their names

Colour mixing

Make a bedtime toy sock puppet to look after at bedtime

Star mobiles

Singing lullabies

Christmas cards and calendars

Christmas crafts

Understanding of the World

Celebrating- What do we do and how do we feel?/ Incarnation- Why do Christians perform nativity plays

Talk about how much sleep they have and compare to others in their class

Talk about why it is dark at night time

Make comparisons between themselves and others- bedtime routine

Comparing nocturnal animals- similarities and differences

What happens when I fall asleep?/ Christmas

Literacy

Phonics- Phase 1- sounds around us/instrumental sounds

Phase 2-initial sounds/key words

News writing Individual reading books/Guided Reading

Answering questions

Name writing

Read 'Emily Brown and the thing' talk about the story and what did the thing need to help him get to sleep?

Read Billy Monster's Daymare

Talk about dreams and look at the painting 'I and the village' talk about what they can see in it

Watch video about a night owl and discuss the special features of an owl

Physical Development

Handwriting practice- mark making

Practice using different fasteners on clothing

PE/Activate

Bedtime routines challenge practice different skills

Outdoor Provision- Sand, Water, Mud kitchen, Den building, Bikes, Bats and balls- throwing and catching