

## Trentham 10k Results 2018.xls

Pos	Name	Time	Cat	Team	NSRRA
1	Nick Jones	0:34:10	M40	WARRINGTON AC	
2	Dave Bennett	0:34:31	M40	ELLESMERE PORT RC	
3	Michael Joyeux	0:34:43	M35	QUAKERS RUNNING CLUB	
4	Andrew Grant	0:35:03	M45	LEEDS CITY ATHLETIC CLUB	
5	Carl Moulton	0:35:14	M35	BOALLOY	156
6	James Scott-Buccleuch	0:35:36	M35	STOCKPORT HARRIERS & AC	
7	Stuart Doyle	0:35:53	M45	VALE ROYAL AC	
8	Stephen Dickens	0:36:15	M40	RUSHCLIFFE AC	
9	Lee Aherne	0:36:30	M50	PARC BRYN BACH RC	
10	Scott Minshall	0:36:44	MSEN	TRENTHAM RC	
11	James Condlyffe	0:36:55	MSEN	CITY OF STOKE AC	
12	Ryan Noke	0:37:01	MSEN	CITY OF STOKE AC	
13	Steve Forsyth	0:37:31	M35	WOLVERHAMPTON & BILSTON	
14	Alec Woods	0:37:39	M50	SOUTH WEST VETERANS AC	
15	Guy Woods	0:38:00	M55	SOUTH WEST VETERANS AC	
16	Colin Bishop	0:38:03	M55	WARRINGTON AC	
17	Paul Thompson	0:38:09	M45	BOURNVILLE HARRIERS	
18	John Rouse	0:38:19	M40	DERBY ATHLETIC CLUB	
19	Alastair Walker	0:38:25	M60	TEVIOTDALE HARRIERS	
20	Mark Neeld	0:38:26	M50	STONE MASTER MARATHONERS	
21	Robert Cartwright	0:38:27	M35	WOLVERHAMPTON & BILSTON	
22	Stephen Thompson	0:38:34	M50	KETTERING TOWN HARRIERS	
23	Martin Colwill	0:39:07	M50	BIDEFORD AAC	
24	David Smith	0:39:16	M50	WOLVERHAMPTON & BILSTON	
25	John Putt	0:39:22	M55	SOUTH CHESHIRE HARRIERS	877
26	Tim Kelly	0:39:23	M45	CANNOCK & STAFFORD AC	
27	Ben Bewley	0:39:26	M35	NEWCASTLE STAFFS AC	189
28	Daniel Brazier	0:39:39	M35	WOLVERHAMPTON & BILSTON	
29	Jonathan Jackson	0:39:43	MSEN	TRENTHAM RC	790
30	Martyn Davies	0:39:47	M35	NEWCASTLE STAFFS AC	
31	Kevin Francis	0:39:49	M50	SHREWSBURY AC	
32	Kevin Newman	0:39:51	M60	DONCASTER ATHLETIC CLUB	
33	Paul Coupe	0:39:52	M50	TELFORD AC	
34	Perry Moore	0:39:53	M45	WARRINGTON ROAD RUNNERS	
35	Kelly Edwards	0:39:55	F40	LEAMINGTON CYCLING AND ATHLETIC CLUB	
36	Elizabeth Renondeau	0:39:58	F35	VALE ROYAL AC	
37	Roger Grand	0:40:08	M45	WOLVERHAMPTON & BILSTON	
38	Carol Parsons	0:40:10	F40	ELLESMERE PORT RC	
39	Nigel Gates	0:40:13	M65	WESTBURY HARRIERS	
40	Sarah Jane Murphy	0:40:17	F40	VALE ROYAL AC	
41	Neil Pollitt	0:40:20	M45	CANNOCK & STAFFORD AC	
42	Dan Hibberd	0:40:25	M35	BOALLOY	697
43	David Wright	0:40:48	M60	CIRENCESTER AC	
44	Michelle Clarke	0:40:49	F45	TELFORD AC	
45	Fee Maycock	0:40:51	F50	CHELTENHAM AND COUNTY HARRIERS	
46	Miras Eskander	0:40:59	M35	NORTHERN MASTERS AC	
47	Ian Kitching	0:41:08	M65	SOUTH LONDON HARRIERS	
48	Emma Raven	0:41:09	F35	CENTRAL AC	
49	James Simpson	0:41:15	M45	SOUTH CHESHIRE HARRIERS	109

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Pos	Name	Time	Cat	Team	NSRRA
50	Ian Heath	0:41:21	M50	TRENTHAM RC	
51	Andrew Mayers	0:41:22	M45	SOUTH CHESHIRE HARRIERS	
52	Ian Cawley	0:41:24	M40	TRENTHAM RC	715
53	Peter Thompson	0:41:26	M60	CAMBRIDGE & COLERIDGE AC	
54	Dave Norman	0:41:28	M45	WOLVERHAMPTON & BILSTON	
55	Daniel Cawley	0:41:30	MSEN	TRENTHAM RC	
56	David Gill	0:41:32	M60	WARRINGTON AC	
57	Craig Taylor	0:41:33	M35	NEWCASTLE STAFFS AC	66
58	Will Worthington	0:41:48	MSEN		
59	Rob Haines	0:41:51	M40	NEWCASTLE STAFFS AC	745
60	Helen Burrell	0:41:53	F55	MIDLAND MASTERS AC	
61	Steven Howard	0:42:00	MSEN	BOURNVILLE HARRIERS	
62	David Nicholson	0:42:01	M60	MORPETH HARRIERS & AC	
63	Jonathan Haynes	0:42:03	M60	BISHOPS STORTFORD RC	
64	Ben Grant	0:42:04	M70	HARROGATE HARRIERS	
65	Stewart Farley	0:42:08	M35	SHREWSBURY AC	
66	Carl Hermans	0:42:11	M45	TRIATHLON ENGLAND	
67	Marc Curtis	0:42:21	M50	LEAMINGTON CYCLING AND ATHLETIC CLUB	
68	Stephen Paul	0:42:28	M55	EASTERN MASTERS AC	
69	Monica Williamson	0:42:29	F55	LEAMINGTON CYCLING AND ATHLETIC CLUB	
70	Wayne Fenton	0:42:38	M40	STONE MASTER MARATHONERS	848
71	Darren Pyatt	0:42:38	M50		
72	Joel Harrison	0:42:43	MSEN	TRENTHAM RC	398
73	Peter Mallison	0:42:44	M45	SOUTH CHESHIRE HARRIERS	404
74	Stanley Owen	0:42:48	M65	SALFORD HARRIERS & AC	
75	Martin Dedicoat	0:42:52	M50	KNOWLE & DORRIDGE RC	
76	David Norman	0:42:55	M55	WARRINGTON AC	
77	David Ratcliffe	0:43:19	M40	BOALLOY	708
78	Lee Turner	0:43:23	M35	STOKE FIT	604
79	Mervyn Ward	0:43:27	M60	WARRINGTON AC	
80	Kevin Mottram	0:43:29	M45	BUXTON AC	
81	Sophie Goodfellow	0:43:37	FSEN	NEWCASTLE STAFFS AC	855
82	Stewart Thorp	0:43:44	M65	OXFORD CITY AC	
83	Mark Gowers	0:43:45	M55	BILLERICAY STRIDERS	
84	Brian Beecroft	0:43:46	M65	WIRRAL AC	
85	Melvyn Askey	0:43:54	M60	NEWCASTLE STAFFS AC	602
86	Lee Jones	0:43:55	M45	TRENTHAM RC	
87	Alan Hawkes	0:43:55	M65	CORBY AC	
88	David Lancaster	0:43:57	M60	YORK ACORN	
89	Christine Dover	0:44:01	F35	DERBY ATHLETIC CLUB	
90	Martin Cross	0:44:01	MSEN	STONE MASTER MARATHONERS	818
91	Chris Moss	0:44:02	M45	CONGLETON HARRIERS	
92	Doug Plock	0:44:06	M65	TRENTHAM RC	
93	Timothy Jones	0:44:06	M40	TRENTHAM RC	
94	Jenny Jeeves	0:44:16	F50	LEAMINGTON CYCLING AND ATHLETIC CLUB	
95	Mark Homer	0:44:18	M55	WOLVERHAMPTON & BILSTON	
96	Jamie Graham	0:44:19	MSEN	CANNOCK & STAFFORD AC	250
97	Michelle Buckle	0:44:22	F40	NEWCASTLE STAFFS AC	139
98	Caroline Wood	0:44:25	F55	ARENA 80 AC	

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99	Mandy Vernon	0:44:27	F45	TRENTHAM RC	
100	Ron Cattle	0:44:30	M65	MIDLAND MASTERS AC	
101	David Nimmo	0:44:32	M35	SOUTH CHESHIRE HARRIERS	330
102	Sara Atkinson	0:44:38	F50	ELLESMERE PORT RC	
103	Paul Parkin	0:44:39	M50	NENE VALLEY HARRIERS	
104	Lindsay Dixon	0:44:44	F45	NEWCASTLE STAFFS AC	369
105	Jenny Dalkins	0:44:45	F40	CHEADLE RC	
106	Nigel Baskerville	0:44:48	M50	SOUTH CHESHIRE HARRIERS	367
107	David Dinsmore	0:44:49	M45	STONE MASTER MARATHONERS	
108	Michael Dobson	0:44:55	M50	STAFFORD HARRIERS	
109	Joanne Stanfield	0:45:02	F45	TRENTHAM RC	
110	Chris Mason	0:45:08	M65	SOUTH DERBYSHIRE ROAD RUNNERS	
111	Gwen Kinloch	0:45:09	F55	BURNDEN ROAD RUNNERS	
112	Ted Hawkes	0:45:09	M65		
113	Chris Green	0:45:22	M60	CHEADLE RC	
114	Robert Baker	0:45:26	M40	SOUTH CHESHIRE HARRIERS	
115	Lauren Morley	0:45:27	FSEN	SHREWSBURY AC	
116	Christine Anthony	0:45:32	F55	WEST SUFFOLK AC	
117	Ian Gower	0:45:53	M50	SPHINX AC	
118	Adrian Frost	0:45:57	M60	TRENTHAM RC	784
119	Spencer Holland	0:46:02	M45	STAFFORD HARRIERS	778
120	Deborah Gilman	0:46:06	F45	HATTON DARTS	
121	Nia Rose Nokes	0:46:08	FSEN	STAFFORD HARRIERS	
122	Del Betts	0:46:09	M45		
123	Carey Dyer	0:46:10	F40	NEWCASTLE STAFFS AC	898
124	Carole Page	0:46:26	F55	ALNWICK HARRIERS	
125	Julie Wargent	0:46:33	F45	HIGHAM HARRIERS	
126	Carol Bird	0:46:38	F55	BIDDULPH RC	264
127	John Exley	0:46:47	M70	OXFORD CITY AC	
128	Nick Dunning	0:46:56	M50	SOUTH CHESHIRE HARRIERS	106
129	John Wood	0:46:57	M60	MICHELIN ATHLETIC CLUB	95
130	Ruth Watchorn-Rice	0:47:07	F50	CHEADLE RC	
131	Penny Barber	0:47:16	F55	TIPTON HARRIERS	
132	Nigel Atkins	0:47:17	M55	SOUTH DERBYSHIRE ROAD RUNNERS	
133	Ian Wood	0:47:20	M55	STAFFORD HARRIERS	356
134	Jo Moss	0:47:28	F45	CONGLETON HARRIERS	864
135	Angela Copson	0:47:36	F70	RUGBY & NORTHAMPTON AC	
136	Andrew Podmore	0:47:45	MSEN	NSRRA	774
137	Paul Marshall	0:48:08	MSEN	TRENTHAM RC	
138	Robin Zoka	0:48:15	MSEN	SOUTH CHESHIRE HARRIERS	396
139	Brad Critchley	0:48:24	MSEN	ELLESMERE PORT RC	
140	Walter Hill	0:48:27	M65	CRAWLEY AC	
141	Steve Herington	0:48:28	M70	HEREFORD COURIERS	
142	Egidija Pope	0:48:39	F35	STONE MASTER MARATHONERS	831
143	Russell Williams	0:48:46	M55	CHEADLE RC	201
144	Mark Roberts	0:48:46	M35	NEWCASTLE STAFFS AC	887
145	Sarah Taylor	0:48:48	F50	TRENTHAM RC	691
146	Stuart Parton	0:48:54	M35	STOKE FIT	761
147	Matthew Berrisford	0:48:55	M45		

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Pos	Name	Time	Cat	Team	NSRRA
148	Michael Moorhouse	0:49:14	M65	MATLOCK ATHLETIC CLUB	
149	Dorothy Kesterton	0:49:32	F65	STEEL CITY STRIDERS RC	
150	Nicholas Noyes	0:49:42	MSEN	UTTOXETER ROAD RUNNERS	
151	Elizabeth Bowers	0:49:46	F65	WORCESTER AC	
152	Sarah Macleman	0:49:46	F40		
153	Alan Caldicott	0:49:55	M45	UKRUNCHAT	
154	Susan Poole	0:50:12	F50	SOUTH CHESHIRE HARRIERS	810
155	John Smith	0:50:18	M70	NEWCASTLE STAFFS AC	
156	Neil Stretton	0:50:18	M60	NSRRA	113
157	Teresa Dunning	0:50:29	F40	NEWCASTLE STAFFS AC	
158	Ian Hancock	0:50:29	M50	NSRRA	770
159	Gary Jones	0:50:34	M50	MICHELIN ATHLETIC CLUB	553
160	Dave Beattie	0:50:36	M70	CRAWLEY AC	
161	Andrea Hough	0:50:42	F55	NORTHERN MASTERS AC	
162	Darren Mattocks	0:50:43	M40	STAFFORD HARRIERS	
163	Rachel Rathbone	0:50:51	F40	STONE MASTER MARATHONERS	603
164	Les Tams	0:50:51	M55	SOUTH CHESHIRE HARRIERS	891
165	David Henley	0:50:54	M55		
166	John Pearce	0:51:05	M60	ALDRIDGE RUNNING CLUB	
167	Mike Mewse	0:51:16	M60	WESTBURY HARRIERS	
168	Jonathan Pierce	0:51:19	M65	TELFORD HARRIERS	
169	Julia Stokes	0:51:26	F35	STOKE FIT	838
170	David Marsden	0:51:49	M60	STAFFORD HARRIERS	
171	Andrew Dippie	0:51:53	M55	TELFORD HARRIERS	
172	Adrian Rogers	0:51:53	M40		
173	Stephen Bourne	0:52:03	M45		
174	Chris Skellern	0:52:05	F55	STAFFORD HARRIERS	549
175	Mark Dixon	0:52:13	M40	NEWCASTLE STAFFS AC	651
176	Sharna Gallagher	0:52:20	FSEN	SOUTH CHESHIRE HARRIERS	867
177	Stan Winterton	0:52:27	M70	TRENTHAM RC	595
178	Matthew Burley	0:52:27	M35	TRENTHAM RC	
179	Peter Bunyan	0:52:41	M65	SOUTH WEST VETERANS AC	
180	Michael Birtles	0:52:42	M50		
181	Alan Jones	0:52:54	M50	STAFFORD HARRIERS	740
182	Emma Dutton	0:52:59	F35	STONE MASTER MARATHONERS	704
183	Nick Webster	0:53:02	M35		
184	Luke Alldritt	0:53:05	MSEN		
185	Yvonne Twelvetree	0:53:09	F65	TOTLEY AC	
186	Jamie Lymer	0:53:09	MSEN	NSRRA	849
187	Andrea Williams	0:53:20	F40		
188	Matt Bishop	0:53:22	MSEN		
189	Rachael Smith	0:53:43	F35		
190	Peter Divall	0:53:44	M70	NSRRA	202
191	Paul Crean	0:53:50	M60	CONGLETON HARRIERS	
192	Stephen Moody	0:53:58	M50	STOKE FIT	
193	Anne Dockery	0:54:07	F70	BRISTOL AND WEST AC	
194	Jessica Haney	0:54:23	FSEN	SOUTH CHESHIRE HARRIERS	
195	Christine Birch	0:54:45	F70	ABERGELE HARRIERS	
196	Phil Brennan	0:54:46	M75	STRATFORD UPON AVON AC	

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Pos	Name	Time	Cat	Team	NSRRA
197	Debbie Mcdermott	0:54:50	F45	STAFFORD HARRIERS	858
198	Andy Warburton	0:55:02	M55	BURNDEN ROAD RUNNERS	
199	Pam Davies	0:55:05	F65	STONE MASTER MARATHONERS	107
200	Peter Williams	0:55:12	M65	STAFFORD HARRIERS	865
201	Keith Attwood	0:55:27	M50		
202	Jon Freeman	0:55:30	M35	STAFFORD HARRIERS	
203	John Munton-Davies	0:55:31	M45	NEWCASTLE STAFFS AC	
204	Rachel Jones	0:55:33	F35	SOUTH CHESHIRE HARRIERS	794
205	Paul Hoban	0:55:41	M40		
206	Leann Banks	0:55:50	FSEN	SOUTH CHESHIRE HARRIERS	797
207	Simon States	0:55:52	M50		
208	Kevin Goodwin	0:56:02	M60		
209	Jason Barrett	0:56:08	M45	STONE MASTER MARATHONERS	822
210	Brian Powell	0:56:30	M65	NSRRA	191
211	Ken Shenton	0:56:39	M60	CHEADLE RC	
212	Dot Fellows	0:56:43	F70	CANNOCK & STAFFORD AC	179
213	Maurice Wright	0:57:08	M65		
214	Nigel Lee	0:57:09	M60	NEWCASTLE STAFFS AC	
215	Norman Hindle	0:57:12	M65	SOUTH CHESHIRE HARRIERS	
216	David Leigh	0:57:13	M55		
217	Jennifer Alcock	0:57:16	FSEN	NEWCASTLE STAFFS AC	762
218	Jayne Lomax	0:57:33	F50	VALE ROYAL AC	
219	Alexander Kelly	0:57:44	M40	WIDNES RUNNING CLUB	
220	Darryl Thomas	0:57:46	M45		
221	Dennis Robinson	0:58:10	M60	SOUTH CHESHIRE HARRIERS	814
222	Karl Latham	0:58:36	MSEN	TRENTHAM RC	
223	Michael Eric Horton	0:58:36	M70	NSRRA	21
224	Laura Whelan	0:58:44	FSEN		
225	Eddie Smith	0:59:04	M65	STAFFORD HARRIERS	
226	Mark Herron	0:59:05	M50		
227	Graham Williams	0:59:09	M70	STAFFORD HARRIERS	65
228	Martin James	0:59:16	M35		
229	Glyn James	0:59:16	M35		
230	Melonie Deakin	0:59:35	F45	STAFFORD HARRIERS	
231	Frank Forrest	0:59:37	M55		
232	Paul Morris	0:59:38	M50	NSRRA	
233	Malcolm Mccoig	0:59:43	M65	STONE MASTER MARATHONERS	275
234	Rachel Tweedie	0:59:44	F45	NEWCASTLE STAFFS AC	
235	Steven Gilbert	0:59:49	M60	RUGELEY RUNNERS	
236	Paul Sabin	0:59:52	M55		
237	Andrea Sexton	0:59:56	F40	DURSLEY RUNNING CLUB	
238	Matthew Wood	1:00:00	M60	SANDBACH STRIDERS	
239	Claire Williams	1:00:03	F35	STAFFORD HARRIERS	
240	Nikki Towle	1:00:12	F50	STONE MASTER MARATHONERS	
241	Karen Murray	1:00:26	F50	STAFFORD HARRIERS	224
242	Heather Plant	1:01:09	F50		
243	David Hebb	1:01:42	M55	NSRRA	769
244	Tamara Ecclestone	1:02:08	F35		
245	Mark Unwin	1:02:09	MSEN		

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246	John Hickman	1:02:12	M75	PRESTATYN RC	
247	Roger Harrison-Jones	1:02:16	M80	PRESTATYN RC	
248	Jane Osbourne	1:02:17	F45		
249	Michael Butterly	1:02:20	M80	DERBY ATHLETIC CLUB	
250	David Baker	1:02:25	M60	STAFFORDSHIRE MOORLANDS AC	
251	Belinda Riley	1:02:28	F55	NEWCASTLE STAFFS AC	138
252	Carol Astbury	1:02:59	F55	UTTOXETER ROAD RUNNERS	
253	Debbie Salmon	1:03:16	F45	STOKE FIT	
254	Lisa Bennett	1:03:16	F40	STOKE FIT	
255	Emma Burley	1:03:33	FSEN	TRENTHAM RC	
256	Colin Earp	1:03:45	M70	SOUTH CHESHIRE HARRIERS	
257	Linda Fernyhough	1:04:08	F55	NSRRA	718
258	Sarah Brain	1:04:17	FSEN		
259	Scott Lewis	1:04:21	M40		
260	Paul Tomkins	1:04:25	M35		
261	Emma Lonczyk	1:04:34	F40	BLYTHE BRIDGE	866
262	Olive Otway	1:04:35	F60	POTTERS TROTTERS	843
263	Colin Pheasant	1:04:36	M60	CHASE HARRIERS	382
264	Elaine Wood	1:04:48	F60	SANBACH STRIDERS	
265	Sally Aldridge	1:05:01	F70	NEWCASTLE STAFFS AC	92
266	Melody Morris	1:05:32	F45	POTTERS TROTTERS	871
267	Charlotte Smith	1:05:50	FSEN	POTTERS TROTTERS	868
268	Tracy Hartridge	1:06:03	F45	NEWPORT AND DISTRICT	
269	Michael Coleman	1:06:26	M50	STAFFORDSHIRE MOORLANDS AC	
270	Stephen Pepper	1:07:00	M45	STOKE FIT	
271	Jack Ireland	1:07:07	MSEN		
272	Aaron Ramsay	1:07:51	MSEN		
273	Julie Nokes	1:08:11	F55	STAFFORD HARRIERS	
274	Linda Shefford	1:08:17	F60	POTTERS TROTTERS	895
275	Alfred Slater	1:08:32	M70	NSRRA	480
276	Tim Slater	1:08:32	M40		
277	Malcolm Rushton	1:08:38	M65	TRENTHAM RC	475
278	Joanne Lewis	1:08:54	F35		
279	John Holmes	1:09:14	M60	NSRRA	495
280	Lesley Pymm	1:09:30	F65	BOURNVILLE HARRIERS	
281	David Hughes	1:09:40	M80	PRESTATYN RC	
282	Alice Newman	1:10:03	FSEN		
283	Kenneth Wilson	1:10:22	M35	STOKE FIT	
284	Jacquie Macphail	1:10:59	F55	TRENTHAM RC	777
285	Gay Wagstaff	1:10:59	F55		
286	Kevin Dillon	1:11:24	M60	MANCHESTER HARRIERS & AC	
287	Chris Roberts	1:12:19	M45		
288	Gerald Billis	1:14:25	M80	WOOTTON ROAD RUNNERS	
289	Emma Lewis	1:14:37	F35	CHEADLE RC	
290	Stephen Wright	1:15:03	M55	STOKE FIT	
291	Marion Mcdonald	1:15:40	F65	POTTERS TROTTERS	605
292	Linsey Pooley	1:15:43	F45	POTTERS TROTTERS	612
293	Pam Bennett	1:15:44	F50	POTTERS TROTTERS	606
294	Emma Doughty	1:15:46	F35	SOUTH CHESHIRE HARRIERS	

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295	Colin Wynne	1:15:47	M70	SOUTH CHESHIRE HARRIERS	333
296	Kate Griffin	1:16:05	F35	POTTERS TROTTERS	863
297	John Hateley	1:16:51	M75	STAFFORD HARRIERS	
298	Sue Dutoy	1:16:52	F50	SOUTH CHESHIRE HARRIERS	885
299	Lizzie Mansell	1:16:57	F50		
300	Beverley Parry	1:17:26	F45	STOKE FIT	
301	Jacqui Bennett	1:17:29	F55	SMM	881
302	Lynda Cartwright	1:17:33	F50	STONE MASTER MARATHONERS	
303	Charles Jarman	1:17:45	M75	RUGELEY RUNNERS	
304	Liz Stevenson	1:18:19	F60	POTTERS TROTTERS	229
305	Anne Davies	1:19:01	F65	STOKE FIT	344
306	Louise Patterson	1:19:05	F50	NEWPORT & DISTRICT RC	
307	Craig Thomas	1:19:13	M50	STOKE FIT	
308	Hazel Barlow	1:20:13	F55	MICHELIN ATHLETIC CLUB	397
309	Claire Johnson	1:20:28	F50		
310	Esther Toft	1:20:56	F40		
311	Rachel Toft	1:20:56	F45		
312	Emma Tompkinson	1:26:04	F40	SOUTH CHESHIRE HARRIERS	
313	Ivor Denning	1:33:51	M85	MIDLAND MASTERS AC	
314	Emma Johnson	1:33:53	F35		
315	Dean Bromley	1:33:54	M45	TRENTHAM RC	