



BABY YOGA COURSES

NEXT COURSE STARTING

AIREBOUROUGH CHILDREN CENTRE QUEENSWAY PRIMARY

13th SEPTEMBER AT 10:00-11:00

Baby Yoga involves learning a series of stretches, poses and movements which will enhance your baby's physiological and psychological development, with mild stretches for mummy or daddy too, nothing too hard or intense.



For more information or to book please visit:

www.littlelearnersleeds.co.uk

Contact Sarah on: **07596694092**

sarah@littlelearnersleeds.co.uk

**ALL COURSES ARE SUITABLE FOR NEW BORN
UNTIL FAST CRAWLING
COURSES ONLY £30 FOR FIVE SESSIONS**