

Little Learners
time with your little ones
BABY MASSAGE COURSES

NEXT COURSE STARTING
AIREBOUROUGH CHILDREN CENTRE GUISELEY PRIMARY
11th SEPTEMBER AT 13:45-14:45

In the Baby massage Course you will learn gentle, rhythmic stroking techniques that have many known benefits. We provide Organic Sunflower Massage Oil to help your hands to glide smoothly over your baby's skin. We teach it in a five step program where you learn a body part each week. Massages are taught with singing and interactions to make it more reassuring for your baby. Classes end with sensory play and



For more information or to book please visit:

www.littlelearnersleeds.co.uk

Contact Sarah on: **07596694092**

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**ALL COURSES ARE SUITABLE FOR NEW BORN
UNTIL FAST CRAWLING
COURSES ONLY £30 FOR FIVE SESSIONS**